

AMENDMENT NO. 0004 TO RFP W912DR-04-R-0054
EFFECTIVE AUG 13, 2004

SOLICITATION:

1) Section 00100, Page 17, Clause INFORMATION REGARDING BIDDING MATERIAL, BID GUARANTEE/BONDS: Delete paragraph (a) in its entirety.

SPECIFICATIONS (this change applies to revised specifications reissued by Amendment 0001):

2) Section 13280A: Delete this section in its entirety and substitute attached revised like-numbered section, dated 13 August 2004.

DRAWINGS (ignore amendment number in title blocks of reissued drawings as current Amendment is 0004):

3) Sheet C-001: Delete this sheet in its entirety and substitute the attached like-numbered sheet, dated Aug 11, 2004.

4) Sheet A-603, Detail G4/A-603: Add the following note, "See Structural Drawing S-007 for Detail at Exist. Window Infill"

5) Sheet S-003: Delete this sheet in its entirety and substitute the attached like-numbered sheet, dated Aug 11, 2004.

6) Sheet S-007-1: Add detail on attached Sketch S-007-1, dated Aug 13, 2004.

ATTACHMENTS:

- 1) Revised Section 13280A, dated 13 August 2004.
- 2) Revised Sheets C-001 and S-003, dated Aug 11, 2004.
- 3) Sketch S-007-1, dated Aug 13, 2004.

SECTION 13280A

ASBESTOS ABATEMENT
11/01

PART 1 GENERAL

1.1 REFERENCES

The publications listed below form a part of this specification to the extent referenced. The publications are referred to in the text by basic designation only.

AMERICAN NATIONAL STANDARDS INSTITUTE (ANSI)

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| ANSI Z87.1 | (2003) Practice for Occupational and Educational Eye and Face Protection |
| ANSI Z88.2 | (1992) Respiratory Protection |
| ANSI Z9.2 | (2001) Fundamentals Governing the Design and Operation of Local Exhaust Ventilation Systems |

ASTM INTERNATIONAL (ASTM)

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| ASTM C 732 | (2001) Aging Effects of Artificial Weathering on Latex Sealants |
| ASTM D 1331 | (1989; R 2001) Surface and Interfacial Tension of Solutions of Surface-Active Agents |
| ASTM D 2794 | (1993; R 1999e1) Resistance of Organic Coatings to the Effects of Rapid Deformation (Impact) |
| ASTM D 4397 | (2002) Polyethylene Sheeting for Construction, Industrial, and Agricultural Applications |
| ASTM D 522 | (1993a; R 2001) Mandrel Bend Test of Attached Organic Coatings |
| ASTM E 119 | (2000a) Fire Tests of Building Construction and Materials |
| ASTM E 1368 | (2002) Visual Inspection of Asbestos Abatement Projects |
| ASTM E 736 | (2000) Cohesion/Adhesion of Sprayed Fire-Resistive Materials Applied to Structural Members |
| ASTM E 84 | (2003) Surface Burning Characteristics of Building Materials |

ASTM E 96 (2000e1) Water Vapor Transmission of Materials

COMPRESSED GAS ASSOCIATION (CGA)

CGA G-7 (2003) Compressed Air for Human Respiration

CGA G-7.1 (1997) Commodity Specification for Air

NATIONAL FIRE PROTECTION ASSOCIATION (NFPA)

NFPA 701 (1999) Fire Tests for Flame Propagation of Textiles and Films

NATIONAL INSTITUTE FOR OCCUPATIONAL SAFETY AND HEALTH (NIOSH)

NIOSH 84-100 (1984; 3rd Ed, R: 1994) NIOSH Manual of Analytical Methods

U.S. ARMY CORPS OF ENGINEERS (USACE)

EM 385-1-1 (1996) Safety and Health Requirements Manual

U.S. ENVIRONMENTAL PROTECTION AGENCY (EPA)

EPA 340/1-90/018 (1990) Asbestos/NESHAP Regulated Asbestos Containing Materials Guidance

EPA 340/1-90/019 (1990) Asbestos/NESHAP Adequately Wet Guidance

EPA 560/5-85-024 (1985) Guidance for Controlling Asbestos-Containing Materials in Buildings (Purple Book)

U.S. NATIONAL ARCHIVES AND RECORDS ADMINISTRATION (NARA)

29 CFR 1910 Occupational Safety and Health Standards

29 CFR 1926 Safety and Health Regulations for Construction

40 CFR 61 National Emission Standards for Hazardous Air Pollutants

40 CFR 763 Asbestos

42 CFR 84 Approval of Respiratory Protective Devices

49 CFR 107 Hazardous Materials Program Procedures

49 CFR 171 General Information, Regulations, and Definitions

49 CFR 172 Hazardous Materials Table, Special Provisions, Hazardous Materials Communications, Emergency Response Information, and Training Requirements

49 CFR 173

Shippers - General Requirements for
Shipments and Packagings

UNDERWRITERS LABORATORIES (UL)

UL 586

(1996; Rev thru Apr 2000) High-Efficiency,
Particulate, Air Filter Units

1.2 DEFINITIONS

- a. Adequately Wet: A term defined in 40 CFR 61, Subpart M, and EPA 340/1-90/019 meaning to sufficiently mix or penetrate with liquid to prevent the release of particulate. If visible emissions are observed coming from asbestos-containing material (ACM), then that material has not been adequately wetted. However, the absence of visible emissions is not sufficient evidence of being adequately wetted.
- b. Aggressive Method: Removal or disturbance of building material by sanding, abrading, grinding, or other method that breaks, crumbles, or disintegrates intact asbestos-containing material (ACM).
- c. Amended Water: Water containing a wetting agent or surfactant with a surface tension of at least 29 dynes per square centimeter when tested in accordance with ASTM D 1331.
- d. Asbestos: Asbestos includes chrysotile, amosite, crocidolite, tremolite asbestos, anthophyllite asbestos, actinolite asbestos, and any of these minerals that have been chemically treated and/or altered.
- e. Asbestos-Containing Material (ACM): Any materials containing more than one percent asbestos.
- f. Asbestos Fiber: A particulate form of asbestos, 5 micrometers or longer, with a length-to-width ratio of at least 3 to 1.
- g. Authorized Person: Any person authorized by the Contractor and required by work duties to be present in the regulated areas.
- h. Building Inspector: Individual who inspects buildings for asbestos and has EPA Model Accreditation Plan (MAP) "Building Inspector" training; accreditation required by 40 CFR 763, Subpart E, Appendix C.
- i. Certified Industrial Hygienist (CIH): An Industrial Hygienist certified in the practice of industrial hygiene by the American Board of Industrial Hygiene.
- j. Class I Asbestos Work: Activities defined by OSHA involving the removal of thermal system insulation (TSI) and surfacing ACM.
- k. Class II Asbestos Work: Activities defined by OSHA involving the removal of ACM which is not thermal system insulation or surfacing material. This includes, but is not limited to, the removal of asbestos - containing wallboard, floor tile and sheeting, roofing and siding shingles, and construction mastic. Certain

"incidental" roofing materials such as mastic, flashing and cements when they are still intact are excluded from Class II asbestos work. Removal of small amounts of these materials which would fit into a glovebag may be classified as a Class III job.

- l. Class III Asbestos Work: Activities defined by OSHA that involve repair and maintenance operations, where ACM, including TSI and surfacing ACM, is likely to be disturbed. Operations may include drilling, abrading, cutting a hole, cable pulling, crawling through tunnels or attics and spaces above the ceiling, where asbestos is actively disturbed or asbestos-containing debris is actively disturbed.
- m. Class IV Asbestos Work: Maintenance and custodial construction activities during which employees contact but do not disturb ACM and activities to clean-up dust, waste and debris resulting from Class I, II, and III activities. This may include dusting surfaces where ACM waste and debris and accompanying dust exists and cleaning up loose ACM debris from TSI or surfacing ACM following construction.
- n. Clean room: An uncontaminated room having facilities for the storage of employees' street clothing and uncontaminated materials and equipment.
- o. Competent Person: In addition to the definition in 29 CFR 1926, Section .32(f), a person who is capable of identifying existing asbestos hazards as defined in 29 CFR 1926, Section .1101, selecting the appropriate control strategy, has the authority to take prompt corrective measures to eliminate them and has EPA Model Accreditation Plan (MAP) "Contractor/Supervisor" training; accreditation required by 40 CFR 763, Subpart E, Appendix C.
- p. Contractor/Supervisor: Individual who supervises asbestos abatement work and has EPA Model Accreditation Plan "Contractor/Supervisor" training; accreditation required by 40 CFR 763, Subpart E, Appendix C.
- q. Critical Barrier: One or more layers of plastic sealed over all openings into a regulated area or any other similarly placed physical barrier sufficient to prevent airborne asbestos in a regulated area from migrating to an adjacent area.
- r. Decontamination Area: An enclosed area adjacent and connected to the regulated area and consisting of an equipment room, shower area, and clean room, which is used for the decontamination of workers, materials, and equipment that are contaminated with asbestos.
- s. Demolition: The wrecking or taking out of any load-supporting structural member and any related razing, removing, or stripping of asbestos products.
- t. Disposal Bag: A 6 mil thick, leak-tight plastic bag, pre-labeled in accordance with 29 CFR 1926, Section .1101, used for transporting asbestos waste from containment to disposal site.
- u. Disturbance: Activities that disrupt the matrix of ACM, crumble or pulverize ACM, or generate visible debris from ACM.

Disturbance includes cutting away small amounts of ACM, no greater than the amount which can be contained in 1 standard sized glovebag or waste bag, not larger than 60 inches in length and width in order to access a building component.

- v. Equipment Room or Area: An area adjacent to the regulated area used for the decontamination of employees and their equipment.
- w. Employee Exposure: That exposure to airborne asbestos that would occur if the employee were not using respiratory protective equipment.
- x. Fiber: A fibrous particulate, 5 micrometers or longer, with a length to width ratio of at least 3 to 1.
- y. Friable ACM: A term defined in 40 CFR 61, Subpart M and EPA 340/1-90/018 meaning any material which contains more than 1 percent asbestos, as determined using the method specified in 40 CFR 763, Subpart E, Appendix A, Section 1, Polarized Light Microscopy (PLM), that when dry, can be crumbled, pulverized, or reduced to powder by hand pressure. If the asbestos content is less than 10 percent, as determined by a method other than point counting by PLM, the asbestos content is verified by point counting using PLM.
- z. Glovebag: Not more than a 60 by 60 inch impervious plastic bag-like enclosure affixed around an asbestos-containing material, with glove-like appendages through which material and tools may be handled.
- aa. High-Efficiency Particulate Air (HEPA) Filter: A filter capable of trapping and retaining at least 99.97 percent of all mono-dispersed particles of 0.3 micrometers in diameter.
- bb. Homogeneous Area: An area of surfacing material or thermal system insulation that is uniform in color and texture.
- cc. Industrial Hygienist: A professional qualified by education, training, and experience to anticipate, recognize, evaluate, and develop controls for occupational health hazards.
- dd. Intact: ACM which has not crumbled, been pulverized, or otherwise deteriorated so that the asbestos is no longer likely to be bound with its matrix. Removal of "intact" asphaltic, resinous, cementitious products does not render the ACM non-intact simply by being separated into smaller pieces.
- ee. Model Accreditation Plan (MAP): USEPA training accreditation requirements for persons who work with asbestos as specified in 40 CFR 763, Subpart E, Appendix C.
- ff. Modification: A changed or altered procedure, material or component of a control system, which replaces a procedure, material or component of a required system.
- gg. Negative Exposure Assessment: A demonstration by the Contractor to show that employee exposure during an operation is expected to be consistently below the OSHA Permissible Exposure Limits (PELs).

- hh. NESHAP: National Emission Standards for Hazardous Air Pollutants. The USEPA NESHAP regulation for asbestos is at 40 CFR 61, Subpart M.
- ii. Nonfriable ACM: A NESHAP term defined in 40 CFR 61, Subpart M and EPA 340/1-90/018 meaning any material containing more than 1 percent asbestos, as determined using the method specified in 40 CFR 763, Subpart E, Appendix A, Section 1, Polarized Light Microscopy, that, when dry, cannot be crumbled, pulverized or reduced to powder by hand pressure.
- jj. Nonfriable ACM (Category I): A NESHAP term defined in 40 CFR 61, Subpart E and EPA 340/1-90/018 meaning asbestos-containing packings, gaskets, resilient floor covering, and asphalt roofing products containing more than 1 percent asbestos as determined using the method specified in 40 CFR 763, Subpart F, Appendix A, Section 1, Polarized Light Microscopy.
- kk. Nonfriable ACM (Category II): A NESHAP term defined in 40 CFR 61, Subpart E and EPA 340/1-90/018 meaning any material, excluding Category I nonfriable ACM, containing more than 1 percent asbestos, as determined using the methods specified in 40 CFR 763, Subpart F, Appendix A, Section 1, Polarized Light Microscopy, that when dry, cannot be crumbled, pulverized, or reduced to powder by hand pressure.
- ll. Permissible Exposure Limits (PELs):
- (1) PEL-Time weighted average(TWA): Concentration of asbestos not in excess of 0.1 fibers per cubic centimeter of air (f/cc) as an 8 hour time weighted average (TWA), as determined by the method prescribed in 29 CFR 1926, Section .1101, Appendix A, or the current version of NIOSH 84-100 analytical method 7400.
- (2) PEL-Excursion Limit: An airborne concentration of asbestos not in excess of 1.0 f/cc of air as averaged over a sampling period of 30 minutes as determined by the method prescribed in 29 CFR 1926, Section .1101, Appendix A, or the current version of NIOSH 84-100 analytical method 7400.
- mmm. Regulated Area: An OSHA term defined in 29 CFR 1926, Section .1101 meaning an area established by the Contractor to demarcate areas where Class I, II, and III asbestos work is conducted; also any adjoining area where debris and waste from such asbestos work accumulate; and an area within which airborne concentrations of asbestos exceed, or there is a reasonable possibility they may exceed, the permissible exposure limit.
- nn. Removal: All operations where ACM is taken out or stripped from structures or substrates, and includes demolition operations.
- pp. Spills/Emergency Cleanups: Cleanup of sizable amounts of asbestos waste and debris which has occurred, for example, when water damage occurs in a building, and sizable amounts of ACM are dislodged. A Competent Person evaluates the site and ACM to be handled, and based on the type, condition and extent of the dislodged material, classifies the cleanup as Class I, II, or III.

Only if the material was intact and the cleanup involves mere contact of ACM, rather than disturbance, could there be a Class IV classification.

- qq. Surfacing ACM: Asbestos-containing material which contains more than 1% asbestos and is sprayed-on, troweled-on, or otherwise applied to surfaces, such as acoustical plaster on ceilings and fireproofing materials on structural members, or other materials on surfaces for acoustical, fireproofing, or other purposes.
- rr. Thermal system insulation (TSI) ACM: ACM which contains more than 1% asbestos and is applied to pipes, fittings, boilers, breeching, tanks, ducts, or other interior structural components to prevent heat loss or gain or water condensation.
- ss. Transite: A generic name for asbestos cement wallboard and pipe.
- tt. Worker: Individual (not designated as the Competent Person or a supervisor) who performs asbestos work and has completed asbestos worker training required by 29 CFR 1926, Section .1101, to include EPA Model Accreditation Plan (MAP) "Worker" training; accreditation required by 40 CFR 763, Subpart E, Appendix C, if required by the OSHA Class of work to be performed or by the state where the work is to be performed.

1.3 DESCRIPTION OF WORK

The work covered by this section includes the removal of asbestos-containing materials (ACM) and describes procedures and equipment required to protect workers and occupants of the regulated area from contact with airborne asbestos fibers and ACM dust and debris. Activities include OSHA Class I, Class II, Class III, Class IV work operations involving ACM. The work also includes containment, storage, transportation and disposal of the generated ACM wastes. More specific operational procedures shall be detailed in the required Accident Prevention Plan and its subcomponents, the Asbestos Hazard Abatement Plan and Activity Hazard Analyses required in paragraph SAFETY AND HEALTH PROGRAM AND PLANS.

1.3.1 Abatement Work Tasks

The specific ACM to be abated is identified on the detailed plans and project drawings.

1.3.2 Unexpected Discovery of Asbestos

For any previously untested building components suspected to contain asbestos and located in areas impacted by the work, the Contractor shall notify the Contracting Officer (CO) who will have the option of ordering up to three bulk samples to be obtained at the Contractor's expense and delivered to a laboratory accredited under the National Institute of Standards and Technology (NIST) "National Voluntary Laboratory Accreditation Program (NVLAP)" and analyzed by PLM at no additional cost to the Government. Any additional components identified as ACM that have been approved by the Contracting Officer for removal shall be removed by the Contractor and will be paid for by an equitable adjustment to the contract price under the CONTRACT CLAUSE titled "changes". Sampling activities undertaken to determine the presence of additional ACM shall be conducted by personnel who have successfully completed the EPA Model Accreditation Plan (MAP) "Building Inspector" training course required by 40 CFR 763,

Subpart E, Appendix C.

1.4 SUBMITTALS

Government approval is required for submittals with a "G" designation; submittals not having a "G" designation are for information only. When used, a designation following the "G" designation identifies the office that will review the submittal for the Government. The following shall be submitted in accordance with Section 01330 SUBMITTAL PROCEDURES:

SD-03 Product Data

Respiratory Protection Program; G

Records of the respirator program.

Cleanup and Disposal; G

Waste shipment records. Weigh bills and delivery tickets shall be furnished for information only.

Detailed Drawings; G

Descriptions, detail project drawings, and site layout to include worksite containment area techniques local exhaust ventilation system locations, decontamination units and load-out units, other temporary waste storage facility, location of temporary utilities (electrical, water, sewer) and boundaries of each regulated area.

Materials and Equipment;

Manufacturer's catalog data for all materials and equipment to be used in the work, including brand name, model, capacity, performance characteristics and any other pertinent information. Test results and certificates from the manufacturer of encapsulants substantiating compliance with performance requirements of this specification. Material Safety Data Sheets for all chemicals to be used onsite in the same format as implemented in the Contractor's HAZARD COMMUNICATION PROGRAM. Data shall include, but shall not be limited to, the following items:

- a. High Efficiency Filtered Air (HEPA) local exhaust equipment
- b. Vacuum cleaning equipment
- c. Pressure differential monitor for HEPA local exhaust equipment
- d. Air monitoring equipment
- e. Respirators
- f. Personal protective clothing and equipment
- g. Glovebag

- h. Duct Tape
- i. Disposal Containers
- j. Sheet Plastic
- k. Wetting Agent
 - (1) Amended Water
 - (2) Removal encapsulant
- l. Strippable Coating
- m. Prefabricated Decontamination Unit
- n. Other items
- o. Chemical encapsulant
- q. Material Safety Data Sheets (for all chemicals proposed)

Qualifications; G

A written report providing evidence of qualifications for personnel, facilities and equipment assigned to the work.

Training Program;

A copy of the written project site-specific training material as indicated in 29 CFR 1926, Section .1101 that will be used to train onsite employees. The training document shall be signed by the Contractor's Designated IH and Competent Person.

Medical Requirements;

Physician's written opinion.

Encapsulants; G

Certificates stating that encapsulants meet the applicable specified performance requirements.

SD-06 Test Reports

Exposure Assessment and Air Monitoring; G

Initial exposure assessments, negative exposure assessments, air-monitoring results and documentation.

Local Exhaust Ventilation;

Pressure differential recordings.

Licenses, Permits and Notifications; G

Licenses, permits, and notifications.

SD-07 Certificates

Vacuum, Filtration and Ventilation Equipment;

Manufacturer's certifications showing compliance with ANSI Z9.2 for:

- a. Vacuums.
- b. Water filtration equipment.
- c. Ventilation equipment.
- d. Other equipment required to contain airborne asbestos fibers.

1.5 QUALIFICATIONS

1.5.1 Written Qualifications and Organization Report

The Contractor shall furnish a written qualifications and organization report providing evidence of qualifications of the Contractor, Contractor's Project Supervisor, Designated Competent Person, supervisors and workers; Designated IH (person assigned to project and firm name); independent testing laboratory (including name of firm, principal, and analysts who will perform analyses); all subcontractors to be used including disposal transportation and disposal facility firms, subcontractor supervisors, subcontractor workers; and any others assigned to perform asbestos abatement and support activities. The report shall include an organization chart showing the Contractor's staff organization for this project by name and title, chain of command and reporting relationship with all subcontractors. The report shall be signed by the Contractor, the Contractor's onsite project manager, Designated Competent Person, Designated IH, designated testing laboratory and the principals of all subcontractors to be used. The Contractor shall include the following statement in the report: "By signing this report I certify that the personnel I am responsible for during the course of this project fully understand the contents of 29 CFR 1926, Section .1101, 40 CFR 61, Subpart M, and the federal, state and local requirements specified in paragraph SAFETY AND HEALTH PROGRAM AND PLANS for those asbestos abatement activities that they will be involved in."

1.5.2 Specific Requirements

The Contractor shall designate in writing, personnel meeting the following qualifications:

- a. Designated Competent Person: The name, address, telephone number, and resume of the Contractor's Designated Competent Person shall be provided. Evidence that the full-time Designated Competent Person is qualified in accordance with 29 CFR 1926, Sections .32 and .1101, has EPA Model Accreditation Plan (MAP) "Contractor/Supervisor" training accreditation required by 40 CFR 763, Subpart E, Appendix C, and is experienced in the administration and supervision of asbestos abatement projects. The Designated Competent Person shall be responsible for

compliance with applicable federal, state and local requirements, the Contractor's Accident Prevention Plan and Asbestos Hazard Abatement Plan. The Designated Competent Person shall provide, and the Contractor shall submit, the "Contractor/Supervisor" course completion certificate and the most recent certificate for required refresher training with the employee "Certificate of Worker Acknowledgment" required by this paragraph. The Contractor shall submit evidence that this person has a minimum of 2 years of on-the-job asbestos abatement experience relevant to OSHA competent person requirements. The Designated Competent Person shall be onsite at all times during the conduct of this project.

- b. Project and Other Supervisors: The Contractor shall provide the name, address, telephone number, and resume of the Project Supervisor and other supervisors who have responsibility to implement the Accident Prevention Plan, including the Asbestos Hazard Abatement Plan and Activity Hazard Analyses, the authority to direct work performed under this contract and verify compliance, and have EPA Model Accreditation Plan (MAP) "Contractor/Supervisor" training accreditation required by 40 CFR 763, Subpart E, Appendix C. The Project Supervisor and other supervisors shall provide, and the Contractor shall submit, the "Contractor/Supervisor" course completion certificate and the most recent certificate for required refresher training with the employee "Certificate of Worker Acknowledgment" required by this paragraph. The Contractor shall submit evidence that the Project Supervisor has a minimum of 2 years of on-the-job asbestos abatement experience relevant to project supervisor responsibilities and the other supervisors have a minimum of 1 year on-the-job asbestos abatement experience commensurate with the responsibilities they will have on this project.
- c. Designated Industrial Hygienist: The Contractor shall provide the name, address, telephone number, resume and other information specified below for the Industrial Hygienist (IH) selected to prepare the Contractor's Asbestos Hazard Abatement Plan, prepare and perform training, direct air monitoring and assist the Contractor's Competent Person in implementing and ensuring that safety and health requirements are complied with during the performance of all required work. The Designated IH shall be a person who is board certified in the practice of industrial hygiene or board eligible (meets all education and experience requirements) as determined and documented by the American Board of Industrial Hygiene (ABIH), has EPA Model Accreditation Plan (MAP) "Contractor/Supervisor" training accreditation required by 40 CFR 763, Subpart E, Appendix C, and has a minimum of 2 years of comprehensive experience in planning and overseeing asbestos abatement activities. The Designated IH shall provide, and the Contractor shall submit, the "Contractor/Supervisor" course completion certificate and the most recent certificate for required refresher training with the employee "Certificate of Worker Acknowledgment" required by this paragraph. The Designated IH shall be completely independent from the Contractor according to federal, state, or local regulations; that is, shall not be a Contractor's employee or be an employee or principal of a firm in a business relationship with the Contractor negating such independent status. A copy of the Designated IH's current valid ABIH certification or confirmation of eligibility in writing from the ABIH] shall be included. The Designated IH shall be onsite at

all times for the duration of asbestos activities and shall be available for emergencies. In addition, the Designated IH shall prepare, and the Contractor shall submit, the name, address, telephone numbers and resumes of additional IH's and industrial hygiene technicians (IHT) who will be assisting the Designated IH in performing onsite tasks. IHs and IHTs supporting the Designated IH shall have a minimum of 2 years of practical onsite asbestos abatement experience. The formal reporting relationship between the Designated IH and the support IHs and IHTs, the Designated Competent Person, and the Contractor shall be indicated.

- d. Asbestos Abatement Workers: Asbestos abatement workers shall meet the requirements contained in 29 CFR 1926, Section .1101, 40 CFR 61, Subpart M, and other applicable federal, state and local requirements. Worker training documentation shall be provided as required on the "Certificate of Workers Acknowledgment" in this paragraph.
- e. Worker Training and Certification of Worker Acknowledgment: Training documentation will be required for each employee who will perform OSHA Class I, Class II, Class III, or Class IV asbestos abatement operations. Such documentation shall be submitted on a Contractor generated form titled "Certificate of Workers Acknowledgment", to be completed for each employee in the same format and containing the same information as the example certificate at the end of this section. Training course completion certificates (initial and most recent update refresher) required by the information checked on the form shall be attached.
- f. Physician: The Contractor shall provide the name, medical qualifications, address, telephone number and resume of the physician who will or has performed the medical examinations and evaluations of the persons who will conduct the asbestos abatement work tasks. The physician shall be currently licensed by the state where the workers will be or have been examined, have expertise in pneumoconiosis and shall be responsible for the determination of medical surveillance protocols and for review of examination/test results performed in compliance with 29 CFR 1926, Section .1101 and paragraph MEDICAL REQUIREMENTS. The physician shall be familiar with the site's hazards and the scope of this project.
- g. First Aid and CPR Trained Persons: The names of at least 2 persons who are currently trained in first aid and CPR by the American Red Cross or other approved agency shall be designated and shall be onsite at all times during site operations. They shall be trained in universal precautions and the use of PPE as described in the Bloodborne Pathogens Standard of 29 CFR 1910, Section .1030 and shall be included in the Contractor's Bloodborne Pathogen Program. These persons may perform other duties but shall be immediately available to render first aid when needed. A copy of each designated person's current valid First Aid and CPR certificate shall be provided.
- h. Independent Testing Laboratory: The Contractor shall provide the name, address and telephone number of the independent testing laboratory selected to perform the sample analyses and report the results. The testing laboratory shall be completely independent from the Contractor as recognized by federal, state or local

regulations. Written verification of the following criteria, signed by the testing laboratory principal and the Contractor, shall be submitted:

(1) Phase contrast microscopy (PCM): The laboratory is fully equipped and proficient in conducting PCM of airborne samples using the methods specified by 29 CFR 1926, Section .1101, OSHA method ID-160, the most current version of NIOSH 84-100 Method 7400, and NIOSH 84-100 Method 7402, transmission electron microscopy (TEM); the laboratory is currently judged proficient (classified as acceptable) in counting airborne asbestos samples by PCM by successful participation in each of the last 4 rounds in the American Industrial Hygiene Association (AIHA) Proficiency Analytical Testing (PAT) Program; the names of the selected microscopists who will analyze airborne samples by PCM with verified documentation of their proficiency to conduct PCM analyses by being judged proficient in counting samples as current participating analysts in the AIHA PAT Program, and having successfully completed the Asbestos Sampling and Analysis course (NIOSH 582 or equivalent) with a copy of course completion certificate provided; when the PCM analysis is to be conducted onsite, documentation shall be provided certifying that the onsite analyst meets the same requirements.

(2) Polarized light microscopy (PLM): The laboratory is fully equipped and proficient in conducting PLM analyses of suspect ACM bulk samples in accordance with 40 CFR 763, Subpart E, Appendix E; the laboratory is currently accredited by NIST under the NVLAP for bulk asbestos analysis and will use analysts (names shall be provided) with demonstrated proficiency to conduct PLM to include its application to the identification and quantification of asbestos content.

(3) Transmission electron microscopy (TEM): The laboratory is [fully equipped and proficient in conducting TEM analysis of airborne samples using the mandatory method specified by 40 CFR 763, Subpart E, Appendix E; the laboratory is currently accredited by NIST under the NVLAP for airborne sample analysis of asbestos by TEM; the laboratory will use analysts (names shall be provided) that are currently evaluated as competent with demonstrated proficiency under the NIST NVLAP for airborne sample analysis of asbestos by TEM proficient in conducting analysis for low asbestos concentration, enhanced analysis of floor tiles and bulk materials where multiple layers are present, using an improved EPA test method titled, "Method for the Determination of Asbestos in Bulk Building Materials".

(4) PCM/TEM: The laboratory is fully equipped and each analyst (name shall be provided) possesses demonstrated proficiency in conducting PCM and TEM analysis of airborne samples using NIOSH 84-100 Method 7400 PCM and NIOSH 84-100 Method 7402 (TEM confirmation of asbestos content of PCM results) from the same filter.

- i. Disposal Facility, Transporter: The Contractor shall provide written evidence that the landfill to be used is approved for asbestos disposal by the USEPA and local regulatory agencies. Copies of signed agreements between the Contractor (including subcontractors and transporters) and the asbestos waste disposal

facility to accept and dispose of all asbestos containing waste generated during the performance of this contract shall be provided. Qualifications shall be provided for each subcontractor or transporter to be used, indicating previous experience in transport and disposal of asbestos waste to include all required state and local waste hauler requirements for asbestos. The Contractor and transporters shall meet the DOT requirements of 49 CFR 171, 49 CFR 172, and 49 CFR 173 as well as registration requirements of 49 CFR 107 and other applicable state or local requirements. The disposal facility shall meet the requirements of 40 CFR 61, Sections .154 or .155, as required in 40 CFR 61, Section .150(b), and other applicable state or local requirements.

1.6 REGULATORY REQUIREMENTS

In addition to detailed requirements of this specification, work performed under this contract shall comply with EM 385-1-1, applicable federal, state, and local laws, ordinances, criteria, rules and regulations regarding handling, storing, transporting, and disposing of asbestos waste materials. This includes, but is not limited to, OSHA standards, 29 CFR 1926, especially Section .1101, 40 CFR 61, Subpart M and 40 CFR 763. Matters of interpretation of standards shall be submitted to the appropriate administrative agency for resolution before starting work. Where the requirements of this specification, applicable laws, criteria, ordinances, regulations, and referenced documents vary, the most stringent requirements shall apply. The following state and local laws, rules and regulations apply:

1.7 SAFETY AND HEALTH PROGRAM AND PLANS

The Contractor shall develop and submit a written comprehensive site-specific Accident Prevention Plan at least 30 days prior to the preconstruction conference. The Accident Prevention Plan shall address requirements of EM 385-1-1, Appendix A, covering onsite work to be performed by the Contractor and subcontractors. The Accident Prevention Plan shall incorporate an Asbestos Hazard Abatement Plan, and Activity Hazard Analyses as separate appendices into 1 site specific Accident Prevention Plan document. Any portions of the Contractor's overall Safety and Health Program that are referenced in the Accident Prevention Plan, e.g., respirator program, hazard communication program, confined space entry program, etc., shall be included as appendices to the Accident Prevention Plan. The plan shall take into consideration all the individual asbestos abatement work tasks. The plan shall be prepared, signed (and sealed, including certification number if required), and dated by the Contractor's Designated IH, Competent Person, and Project Supervisor.

1.7.1 Asbestos Hazard Abatement Plan Appendix

The Asbestos Hazard Abatement Plan appendix to the Accident Prevention Plan shall include, but not be limited to, the following:

- a. The personal protective equipment to be used;
- b. The location and description of regulated areas including clean and dirty areas, and decontamination unit (clean room, shower room, equipment room, storage areas such as load-out unit);
- c. Initial exposure assessment in accordance with 29 CFR 1926, Section .1101;

- d. Level of supervision;
- e. Method of notification of other employers at the worksite;
- f. Abatement method to include containment and control procedures;
- g. Interface of trades involved in the construction;
- h. Sequencing of asbestos related work;
- i. Storage and disposal procedures and plan;
- j. Type of wetting agent and asbestos encapsulant to be used;
- k. Location of local exhaust equipment;
- l. Air monitoring methods (personal, environmental and clearance);
- m. Bulk sampling and analytical methods (if required);
- n. A detailed description of the method to be employed in order to control the spread of ACM wastes and airborne fiber concentrations;
- o. Fire and medical emergency response procedures;
- p. The security procedures to be used for all regulated areas.

1.7.2 Activity Hazard Analyses Appendix

Activity Hazard Analyses, for each major phase of work, shall be submitted and updated during the project. The Activity Hazard Analyses format shall be in accordance with EM 385-1-1 (Figure 1-1). The analysis shall define the activities to be performed for a major phase of work, identify the sequence of work, the specific hazards anticipated, and the control measures to be implemented to eliminate or reduce each hazard to an acceptable level. Work shall not proceed on that phase until the Activity Hazard Analyses has been accepted and a preparatory meeting has been conducted by the Contractor to discuss its contents with everyone engaged in the activities, including the onsite Government representatives. The Activity Hazard Analyses shall be continuously reviewed and, when appropriate, modified to address changing site conditions or operations.

1.8 PRECONSTRUCTION CONFERENCE AND ONSITE SAFETY

The Contractor and the Contractor's Designated Competent Person, Project Supervisor, and Designated IH shall meet with the Contracting Officer prior to beginning work at a safety preconstruction conference to discuss the details of the Contractor's submitted Accident Prevention Plan to include the Asbestos Hazard Abatement Plan and Activity Hazard Analyses appendices. Deficiencies in the Accident Prevention Plan will be discussed and the Accident Prevention Plan shall be revised to correct the deficiencies and resubmitted for acceptance. Any changes required in the specification as a result of the Accident Prevention Plan shall be identified specifically in the plan to allow for free discussion and acceptance by the Contracting Officer, prior to the start of work. Onsite work shall not begin until the Accident Prevention Plan has been accepted. A copy of the written Accident Prevention Plan shall be maintained onsite. Changes and modifications to the accepted Accident Prevention Plan shall be made with the knowledge and

concurrence of the Designated IH, the Project Supervisor, Designated Competent Person, and the Contracting Officer. Should any unforeseen hazard become evident during the performance of the work, the Designated IH shall bring such hazard to the attention of the Project Supervisor, Designated Competent Person, and the Contracting Officer, both verbally and in writing, for resolution as soon as possible. In the interim, all necessary action shall be taken by the Contractor to restore and maintain safe working conditions in order to safeguard onsite personnel, visitors, the public, and the environment. Once accepted by the Contracting Officer, the Accident Prevention Plan, including the Asbestos Hazard Abatement Plan and Activity Hazard Analyses will be enforced as if an addition to the contract. Disregarding the provisions of this contract or the accepted Accident Prevention Plan will be cause for stopping of work, at the discretion of the Contracting Officer, until the matter has been rectified.

1.9 SECURITY

Fenced and locked security area shall be provided for each regulated area. A log book shall be kept documenting entry into and out of the regulated area. Entry into regulated areas shall only be by personnel authorized by the Contractor and the Contracting Officer. Personnel authorized to enter regulated areas shall be trained, be medically evaluated, and wear the required personal protective equipment for the specific regulated area to be entered.

1.10 MEDICAL REQUIREMENTS

Medical requirements shall conform to 29 CFR 1926, Section .1101.

1.10.1 Medical Examinations

Before being exposed to airborne asbestos fibers, workers shall be provided with a medical examination as required by 29 CFR 1926, Section .1101 and other pertinent state or local requirements. This requirement shall have been satisfied within the last 12 months. The same medical examination shall be given on an annual basis to employees engaged in an occupation involving asbestos and within 30 calendar days before or after the termination of employment in such occupation. X-ray films of asbestos workers shall be identified to the consulting radiologist and medical record jackets shall be marked with the word "asbestos."

1.10.1.1 Information Provided to the Physician

The Contractor shall provide the following information in writing to the examining physician:

- a. A copy of 29 CFR 1926, Section .1101 and Appendices D, E, G, and I;
- b. A description of the affected employee's duties as they relate to the employee's exposure;
- c. The employee's representative exposure level or anticipated exposure level;
- d. A description of any personal protective and respiratory equipment used or to be used;
- e. Information from previous medical examinations of the affected employee that is not otherwise available to the examining

physician.

1.10.1.2 Written Medical Opinion

For each worker, a written medical opinion prepared and signed by a licensed physician indicating the following:

- a. Summary of the results of the examination.
- b. The potential for an existing physiological condition that would place the employee at an increased risk of health impairment from exposure to asbestos.
- c. The ability of the individual to wear personal protective equipment, including respirators, while performing strenuous work tasks under cold and/or heat stress conditions.
- d. A statement that the employee has been informed of the results of the examination, provided with a copy of the results, informed of the increased risk of lung cancer attributable to the combined effect of smoking and asbestos exposure, and informed of any medical condition that may result from asbestos exposure.

1.10.2 Medical and Exposure Records

Complete and accurate records shall be maintained of each employee's medical examinations, medical records, and exposure data, as required by 29 CFR 1910, Section .1910.20 and 29 CFR 1926, Section .1101 for a period of 50 years after termination of employment. Records of the required medical examinations and exposure data shall be made available, for inspection and copying, to the Assistant Secretary of Labor for Occupational Safety and Health (OSHA) or authorized representatives of the employee and an employee's physician upon request of the employee or former employee. A copy of the required medical certification for each employee shall be maintained on file at the worksite for review, as requested by the Contracting Officer or the representatives.

1.11 TRAINING PROGRAM

1.11.1 General Training Requirements

The Contractor shall establish a training program as specified by EPA Model Accreditation Plan (MAP), training requirements at 40 CFR 763, Subpart E, Appendix C, the District of Columbia regulations, OSHA requirements at 29 CFR 1926, Section .1101(k)(9), and this specification. Contractor employees shall complete the required training for the type of work they are to perform and such training shall be documented and provided to the Contracting Officer as specified in paragraph QUALIFICATIONS.

1.11.2 Project Specific Training

Prior to commencement of work, each worker shall be instructed by the Contractor's Designated IH and Competent Person in the following project specific training:

- a. The hazards and health effects of the specific types of ACM to be abated;
- b. The content and requirements of the Contractor's Accident

Prevention Plan to include the Asbestos Hazard Abatement Plan and Activity Hazard Analyses and site-specific safety and health precautions;

- c. Hazard Communication Program;
- d. Hands-on training for each asbestos abatement technique to be employed;
- e. Heat and/or cold stress monitoring specific to this project;
- f. Air monitoring program and procedures;
- g. Medical surveillance to include medical and exposure record-keeping procedures;
- h. The association of cigarette smoke and asbestos-related disease;
- i. Security procedures;
- j. Specific work practice controls and engineering controls required for each Class of work in accordance with 29 CFR 1926, Section .1101.

1.12 RESPIRATORY PROTECTION PROGRAM

The Contractor shall establish in writing, and implement a respiratory protection program in accordance with 29 CFR 1926, Section .1101, 29 CFR 1910, Section .134, ANSI Z88.2, CGA G-7, CGA G-7.1 . The Contractor shall establish minimum respiratory protection requirements based on measured or anticipated levels of airborne asbestos fiber concentrations encountered during the performance of the asbestos abatement work. The Contractor's respiratory protection program shall include, but not be limited to, the following elements:

- a. The company policy, used for the assignment of individual responsibility, accountability, and implementation of the respiratory protection program.
- b. The standard operating procedures covering the selection and use of respirators. Respiratory selection shall be determined by the hazard to which the worker is exposed.
- c. Medical evaluation of each user to verify that the worker may be assigned to an activity where respiratory protection is required.
- d. Training in the proper use and limitations of respirators.
- e. Respirator fit-testing, i.e., quantitative, qualitative and individual functional fit checks.
- f. Regular cleaning and disinfection of respirators.
- g. Routine inspection of respirators during cleaning and after each use when designated for emergency use.
- h. Storage of respirators in convenient, clean, and sanitary locations.
- i. Surveillance of regulated area conditions and degree of employee

exposure (e.g., through air monitoring).

- j. Regular evaluation of the continued effectiveness of the respiratory protection program.
- k. Recognition and procedures for the resolution of special problems as they affect respirator use (e.g., no facial hair that comes between the respirator face piece and face or interferes with valve function; prescription eye wear usage; contact lenses usage; etc.).
- l. Proper training in putting on and removing respirators.

1.12.1 Respiratory Fit Testing

A qualitative or quantitative fit test conforming to 29 CFR 1926, Section 1101, Appendix C shall be conducted for each Contractor worker required to wear a respirator, and for the Contracting Officer and authorized visitors who enter a regulated area where respirators are required to be worn. A respirator fit test shall be performed for each worker wearing a negative-pressure respirator prior to initially wearing a respirator on this project and every 6 months thereafter. The qualitative fit tests may be used only for testing the fit of half-mask respirators where they are permitted to be worn, or of full-facepiece air purifying respirators where they are worn at levels at which half-facepiece air purifying respirators are permitted. If physical changes develop that will affect the fit, a new fit test for the worker shall be performed. Functional fit checks shall be performed by employees each time a respirator is put on and in accordance with the manufacturer's recommendation.

1.12.2 Respirator Selection and Use Requirements

The Contractor shall provide respirators, and ensure that they are used as required by 29 CFR 1926, Section .1101 and in accordance with the manufacturer's recommendations. Respirators shall be jointly approved by the Mine Safety and Health Administration and the National Institute for Occupational Safety and Health (MSHA/NIOSH), or by NIOSH, under the provisions of 42 CFR 84, for use in environments containing airborne asbestos fibers. The initial respirator selection and the decisions regarding the upgrading or downgrading of respirator type shall be made by the Contractor's Designated IH based on the measured or anticipated airborne asbestos fiber concentrations to be encountered. Recommendations made by the Contractor's Designated IH to downgrade respirator type shall be submitted in writing to the Contracting Officer. The Contractor's Designated Competent Person in consultation with the Designated IH, shall have the authority to take immediate action to upgrade or downgrade respiratory type when there is an immediate danger to the health and safety of the wearer. Respirators shall be used in the following circumstances:

- a. During all Class I asbestos jobs.
- b. During all Class II work where the ACM is not removed in a substantially intact state.
- c. During all Class II and III work which is not performed using wet methods. Respirators need not be worn during removal of ACM from sloped roofs when a negative exposure assessment has been made and ACM is removed in an intact state.

- d. During all Class II and III asbestos jobs where the Contractor does not produce a negative exposure assessment.
- e. During all Class III jobs where TSI or surfacing ACM is being disturbed.
- f. During all Class IV work performed within regulated areas where employees performing other work are required to wear respirators.
- g. During all work where employees are exposed above the PEL-TWA or PEL-Excursion Limit.
- h. In emergencies

1.12.3 Class I Work

The Contractor shall provide: (1) a tight-fitting, powered air purifying respirator equipped with high efficiency filters, or (2) a full-facepiece supplied air respirator operated in the pressure demand mode, equipped with HEPA egress cartridges, or (3) an auxiliary positive pressure self-contained breathing apparatus, for all employees within the regulated area where Class I work is being performed; provided that a negative exposure assessment has not been produced, and that the exposure level will not exceed 1 f/cc as an 8-hour time weighted average. A full-facepiece supplied air respirator, operated in the pressure demand mode, equipped with an auxiliary positive pressure self-contained breathing apparatus shall be provided under such conditions, if the exposure assessment indicates exposure levels above 1 f/cc as an 8-hour time weighted average.

1.12.4 Class II and III Work

The Contractor shall provide an air purifying respirator, other than a disposable respirator, equipped with high-efficiency filters whenever the employee performs Class II and III asbestos jobs where the Contractor does not produce a negative exposure assessment ; and Class III jobs where TSI or surfacing ACM is being disturbed.

1.12.5 Sanitation

Employees who wear respirators shall be permitted to leave work areas to wash their faces and respirator facepieces whenever necessary to prevent skin irritation associated with respirator use.

1.13 HAZARD COMMUNICATION PROGRAM

A hazard communication program shall be established and implemented in accordance with 29 CFR 1926, Section .59. Material safety data sheets (MSDSs) shall be provided for all hazardous materials brought onto the worksite. One copy shall be provided to the Contracting Officer and 1 copy shall be included in the Contractor's Hazard Communication Program.

1.14 LICENSES, PERMITS AND NOTIFICATIONS

1.14.1 General Legal Requirements

Necessary licenses, permits and notifications shall be obtained in conjunction with the project's asbestos abatement, transportation and disposal actions and timely notification furnished of such actions as required by federal, state, regional, and local authorities. The

Contractor shall notify the Regional Office of the USEPA, local air pollution control district/agency, and the Contracting Officer in writing, at least 10 days prior to the commencement of work, in accordance with 40 CFR 61, Subpart M, and state and local requirements to include the mandatory "Notification of Demolition and Renovation Record" form and other required notification documents. Notification shall be by Certified Mail, Return Receipt Requested. The Contractor shall furnish copies of the receipts to the Contracting Officer, in writing, prior to the commencement of work. Local fire department shall be notified 3 days before fire-proofing material is removed from a building and the notice shall specify whether or not the material contains asbestos. A copy of the rental company's written acknowledgment and agreement shall be provided as required by paragraph RENTAL EQUIPMENT. For licenses, permits, and notifications that the Contractor is responsible for obtaining, the Contractor shall pay any associated fees or other costs incurred.

1.15 PERSONAL PROTECTIVE EQUIPMENT

Three complete sets of personal protective equipment shall be made available to the Contracting Officer and authorized visitors for entry to the regulated area. Contracting Officer and authorized visitors shall be provided with training equivalent to that provided to Contractor employees in the selection, fitting, and use of the required personal protective equipment and the site safety and health requirements. Contractor workers shall be provided with personal protective clothing and equipment and the Contractor shall ensure that it is worn properly. The Contractor's Designated IH and Designated Competent Person shall select and approve all the required personal protective clothing and equipment to be used.

1.15.1 Respirators

Respirators shall be in accordance with paragraph RESPIRATORY PROTECTION PROGRAM.

1.15.2 Whole Body Protection

Personnel exposed to airborne concentrations of asbestos that exceed the PELs, or for all OSHA Classes of work for which a required negative exposure assessment is not produced, shall be provided with whole body protection and such protection shall be worn properly. The Contractor's Designated IH and Competent Person shall select and approve the whole body protection to be used. The Competent Person shall examine work suits worn by employees at least once per work shift for rips or tears that may occur during performance of work. When rips or tears are detected while an employee is working, rips and tears shall be immediately mended, or the work suit shall be immediately replaced. Disposable whole body protection shall be disposed of as asbestos contaminated waste upon exiting from the regulated area. Reusable whole body protection worn shall be either disposed of as asbestos contaminated waste upon exiting from the regulated area or be properly laundered in accordance with 29 CFR 1926, Section .1101.

Whole body protection used for asbestos abatement shall not be removed from the worksite by a worker to be cleaned. Recommendations made by the Contractor's Designated IH to downgrade whole body protection shall be submitted in writing to the Contracting Officer. The Contractor's Designated Competent Person, in consultation with the Designated IH, has the authority to take immediate action to upgrade or downgrade whole body protection when there is an immediate danger to the health and safety of the wearer.

1.15.2.1 Coveralls

Disposable-impermeable coveralls with a zipper front shall be provided. Sleeves shall be secured at the wrists, and foot coverings secured at the ankles.

1.15.2.2 Underwear

Disposable underwear shall be provided. If reusable underwear are used, they shall be disposed of as asbestos contaminated waste or laundered in accordance with 29 CFR 1926, Section .1101. Asbestos abatement workers shall not remove contaminated reusable underwear worn during abatement of ACM from the site to be laundered.

1.15.2.3 Work Clothing

An additional coverall shall be provided when the abatement and control method employed does not provide for the exit from the regulated area directly into an attached decontamination unit. Cloth work clothes for wear under the protective coverall, and foot coverings, shall be provided when work is being conducted in low temperature conditions. Cloth work clothes shall be either disposed of as asbestos contaminated waste or properly laundered in accordance with 29 CFR 1926, Section .1101.

1.15.2.4 Gloves

Gloves shall be provided to protect the hands. Where there is the potential for hand injuries (i.e., scrapes, punctures, cuts, etc.) a suitable glove shall be provided and used.

1.15.2.5 Foot Coverings

Cloth socks shall be provided and worn next to the skin. Footwear, as required by OSHA and EM 385-1-1, that is appropriate for safety and health hazards in the area shall be worn. Rubber boots shall be used in moist or wet areas. Reusable footwear removed from the regulated area shall be thoroughly decontaminated or disposed of as ACM waste. Disposable protective foot covering shall be disposed of as ACM waste. If rubber boots are not used, disposable foot covering shall be provided.

1.15.2.6 Head Covering

Hood type disposable head covering shall be provided. In addition, protective head gear (hard hats) shall be provided as required. Hard hats shall only be removed from the regulated area after being thoroughly decontaminated.

1.15.2.7 Protective Eye Wear

Eye protection provided shall be in accordance with ANSI Z87.1.

1.16 HYGIENE FACILITIES AND PRACTICES

The Contractor shall establish a decontamination area for the decontamination of employees, material and equipment. The Contractor shall ensure that employees enter and exit the regulated area through the decontamination area.

1.16.1 Shower Facilities

Shower facilities, when provided, shall comply with 29 CFR 1910, Section .141(d)(3).

1.16.2 3-Stage Decontamination Area

A temporary decontamination unit that is adjacent and attached in a leak-tight manner to the regulated area shall be provided. The decontamination unit shall have an equipment room and a clean room separated by a shower that complies with 29 CFR 1910, Section .141 (unless the Contractor can demonstrate that such facilities are not feasible). Equipment and surfaces of containers filled with ACM shall be cleaned prior to removing them from the equipment room or area. Surfaces of the equipment room shall be wet wiped 2 times after each shift. Materials used for wet wiping shall be disposed of as asbestos contaminated waste. Two separate lockers shall be provided for each asbestos worker, one in the equipment room and one in the clean room. Used shower water shall be collected and filtered to remove asbestos contamination. Filters and residue shall be disposed of as asbestos contaminated material. Filtered water shall be discharged to the sanitary system. Wastewater filters shall be installed in series with the first stage pore size of 20 microns and the second stage pore size of 5 microns. The floor of the decontamination unit's clean room shall be kept dry and clean at all times. Water from the shower shall not be allowed to wet the floor in the clean room. Surfaces of the clean room and shower shall be wet-wiped 2 times after each shift change with a disinfectant solution. Proper housekeeping and hygiene requirements shall be maintained. Soap and towels shall be provided for showering, washing and drying. Any cloth towels provided shall be disposed of as ACM waste or shall be laundered in accordance with 29 CFR 1926, Section .1101.

1.16.3 Load-Out Unit

A temporary load-out unit that is adjacent and connected to the regulated area shall be provided. Utilization of prefabricated units shall have prior approval of the Contracting Officer. The load-out unit shall be attached in a leak-tight manner to each regulated area. Surfaces of the load-out unit shall be adequately wet-wiped 2 times after each shift change. Materials used for wet wiping shall be disposed of as asbestos contaminated waste.

1.16.4 Single Stage Decontamination Area

A decontamination area (equipment room/area) shall be provided for Class I work involving less than 25 feet or 10 square feet of TSI or surfacing ACM, and for Class II and Class III asbestos work operations where exposures exceed the PELs or where there is no negative exposure assessment produced before the operation. The equipment room or area shall be adjacent to the regulated area for the decontamination of employees, material, and their equipment which is contaminated with asbestos. The equipment room or area shall consist of an area covered by an impermeable drop cloth on the floor or horizontal working surface. The area must be of sufficient size to accommodate cleaning of equipment and removing personal protective equipment without spreading contamination beyond the area. Surfaces of the equipment room shall be wet wiped 2 times after each shift. Materials used for wet wiping shall be disposed of as asbestos contaminated waste.

1.16.5 Decontamination Requirements for Class IV Work

The Contractor shall ensure that employees performing Class IV work within a regulated area comply with the hygiene practice required of employees performing work which has a higher classification within that regulated area, or the Contractor shall provide alternate decontamination area facilities for employees cleaning up debris and material which is TSI or surfacing ACM.

1.16.6 Decontamination Area Entry Procedures

The Contractor shall ensure that employees entering the decontamination area through the clean room or clean area:

- a. Remove street clothing in the clean room or clean area and deposit it in lockers.
- b. Put on protective clothing and respiratory protection before leaving the clean room or clean area.
- c. Pass through the equipment room to enter the regulated area.

1.16.7 Decontamination Area Exit Procedures

The Contractor shall ensure that the following procedures are followed:

- a. Before leaving the regulated area, respirators shall be worn while employees remove all gross contamination and debris from their work clothing using a HEPA vacuum.
- b. Employees shall remove their protective clothing in the equipment room and deposit the clothing in labeled impermeable bags or containers for disposal and/or laundering.
- c. Employees shall not remove their respirators in the equipment room.
- d. Employees shall shower prior to entering the clean room. If a shower has not been located between the equipment room and the clean room or the work is performed outdoors, the Contractor shall ensure that employees engaged in Class I asbestos jobs: a) Remove asbestos contamination from their work suits in the equipment room or decontamination area using a HEPA vacuum before proceeding to a shower that is not adjacent to the work area; or b) Remove their contaminated work suits in the equipment room, without cleaning worksuits, and proceed to a shower that is not adjacent to the work area.
- e. After showering, employees shall enter the clean room before changing into street clothes.

1.16.8 Lunch Areas

The Contractor shall provide lunch areas in which the airborne concentrations of asbestos are below 0.01 f/cc.

1.16.9 Smoking

Smoking, if allowed by the Contractor, shall only be permitted in designated areas approved by the Contracting Officer.

1.17 REGULATED AREAS

All Class I, II, and III asbestos work shall be conducted within regulated areas. The regulated area shall be demarcated to minimize the number of persons within the area and to protect persons outside the area from exposure to airborne asbestos. Where critical barriers or negative pressure enclosures are used, they shall demarcate the regulated area. Access to regulated areas shall be limited to authorized persons. The Contractor shall control access to regulated areas, ensure that only authorized personnel enter, and verify that Contractor required medical surveillance, training and respiratory protection program requirements are met prior to allowing entrance.

1.18 WARNING SIGNS AND TAPE

Warning signs and tape printed bilingually in English and Spanish shall be provided at the regulated boundaries and entrances to regulated areas. The Contractor shall ensure that all personnel working in areas contiguous to regulated areas comprehend the warning signs. Signs shall be located to allow personnel to read the signs and take the necessary protective steps required before entering the area. Warning signs, shall be in vertical format conforming to 29 CFR 1910 and 29 CFR 1926, Section .1101, a minimum of 20 by 14 inches, and displaying the following legend in the lower panel:

DANGER
ASBESTOS
CANCER AND LUNG DISEASE HAZARD
AUTHORIZED PERSONNEL ONLY
RESPIRATORS AND PROTECTIVE CLOTHING ARE REQUIRED IN THIS AREA

Spacing between lines shall be at least equal to the height of the upper of any two lines.

1.19 WARNING LABELS

Warning labels shall be affixed to all asbestos disposal containers used to contain asbestos materials, scrap, waste debris, and other products contaminated with asbestos. Containers with preprinted warning labels conforming to requirements are acceptable. Warning labels shall conform to 29 CFR 1926, Section .1101 and shall be of sufficient size to be clearly legible displaying the following legend:

DANGER
CONTAINS ASBESTOS FIBERS
AVOID CREATING DUST
CANCER AND LUNG DISEASE HAZARD

1.20 LOCAL EXHAUST VENTILATION

Local exhaust ventilation units shall conform to ANSI Z9.2 and 29 CFR 1926, Section .1101. Filters on local exhaust system equipment shall conform to ANSI Z9.2 and UL 586. Filter shall be UL labeled.

1.21 TOOLS

Vacuums shall be leak proof to the filter, equipped with HEPA filters, of sufficient capacity and necessary capture velocity at the nozzle or nozzle attachment to efficiently collect, transport and retain the ACM waste

material. Power tools shall not be used to remove ACM unless the tool is equipped with effective, integral HEPA filtered exhaust ventilation capture and collection system, or has otherwise been approved for use by the Contracting Officer. Residual asbestos shall be removed from reusable tools prior to storage and reuse. Reusable tools shall be thoroughly decontaminated prior to being removed from regulated areas.

1.22 RENTAL EQUIPMENT

If rental equipment is to be used, written notification shall be provided to the rental agency, concerning the intended use of the equipment, the possibility of asbestos contamination of the equipment and the steps that will be taken to decontaminate such equipment. A written acceptance of the terms of the Contractor's notification shall be obtained from the rental agency.

1.23 AIR MONITORING EQUIPMENT

The Contractor's Designated IH shall approve air monitoring equipment to be used to collect samples. The equipment shall include, but shall not be limited to:

- a. High-volume sampling pumps that can be calibrated and operated at a constant airflow up to 16 liters per minute when equipped with a sampling train of tubing and filter cassette.
- b. Low-volume, battery powered, body-attachable, portable personal pumps that can be calibrated to a constant airflow up to approximately 3.5 liters per minute when equipped with a sampling train of tubing and filter cassette, and a self-contained rechargeable power pack capable of sustaining the calibrated flow rate for a minimum of 10 hours. The pumps shall also be equipped with an automatic flow control unit which shall maintain a constant flow, even as filter resistance increases due to accumulation of fiber and debris on the filter surface.
- c. Single use standard 25 mm diameter cassette, open face, 0.8 micron pore size, mixed cellulose ester membrane filters and cassettes with 50 mm electrically conductive extension cowl, and shrink bands, to be used with low flow pumps in accordance with 29 CFR 1926, Section .1101 for personal air sampling.
- d. Single use standard 25 mm diameter cassette, open face, 0.45 micron pore size, mixed cellulose ester membrane filters and cassettes with 50 mm electrically conductive cowl, and shrink bands, to be used with high flow pumps when conducting environmental area sampling using NIOSH 84-100 Methods 7400 and 7402, (and the transmission electric microscopy method specified at 40 CFR 763 if required).
- e. Appropriate plastic tubing to connect the air sampling pump to the selected filter cassette.
- f. A flow calibrator capable of calibration to within plus or minus 2 percent of reading over a temperature range of minus 4 to plus 140 degrees F and traceable to a NIST primary standard.

1.24 EXPENDABLE SUPPLIES

1.24.1 Glovebag

Glovebags shall be provided as described in 29 CFR 1926, Section .1101 . The glovebag assembly shall be 6 mil thick plastic, prefabricated and seamless at the bottom with preprinted OSHA warning label.

1.24.2 Duct Tape

Industrial grade duct tape of appropriate widths suitable for bonding sheet plastic and disposal container shall be provided.

1.24.3 Disposal Containers

Leak-tight (defined as solids, liquids, or dust that cannot escape or spill out) disposal containers shall be provided for ACM wastes as required by 29 CFR 1926 Section .1101 .

1.24.4 Disposal Bags

Leak-tight bags, 6 mil thick, shall be provided for placement of asbestos generated waste .

1.24.5 Fiberboard Drums

Fiberboard drums

1.24.6 Cardboard Boxes

Heavy-duty corrugated cardboard boxes, coated with plastic or wax to retard deterioration from moisture, shall be provided if required by state and local requirements. Boxes shall fit into selected ACM disposal bags. Filled boxes shall be sealed leak-tight with duct tape.

1.24.7 Sheet Plastic

Sheet plastic shall be polyethylene of 6 mil minimum thickness and shall be provided in the largest sheet size necessary to minimize seams. Film shall be frosted and conform to ASTM D 4397, except as specified below:

1.24.7.1 Flame Resistant

Where a potential for fire exists, flame-resistant sheets shall be provided. Film shall be frosted and shall conform to the requirements of NFPA 701.

1.24.7.2 Reinforced

Reinforced sheets shall be provided where high skin strength is required, such as where it constitutes the only barrier between the regulated area and the outdoor environment. The sheet stock shall consist of translucent, nylon-reinforced or woven-polyethylene thread laminated between 2 layers of polyethylene film. Film shall meet flame resistant standards of NFPA 701.

1.24.8 Amended Water

Amended water shall meet the requirements of ASTM D 1331.

1.24.9 Mastic Removing Solvent

Mastic removing solvent shall be nonflammable and shall not contain methylene chloride, glycol ether, or halogenated hydrocarbons. Solvents used onsite shall have a flash point greater than 140 degrees F.

1.24.10 Leak-tight Wrapping

Two layers of 6 mil minimum thick polyethylene sheet stock shall be used for the containment of removed asbestos-containing components or materials such as reactor vessels, large tanks, boilers, insulated pipe segments and other materials too large to be placed in disposal bags. Upon placement of the ACM component or material, each layer shall be individually leak-tight sealed with duct tape.

1.24.11 Viewing Inspection Window

Where feasible, a minimum of 1 clear, 1/8 inch thick, acrylic sheet, 18 by 24 inches, shall be installed as a viewing inspection window at eye level on a wall in each containment enclosure. The windows shall be sealed leak-tight with industrial grade duct tape.

1.24.12 Wetting Agents

Removal encapsulant (a penetrating encapsulant) shall be provided when conducting removal abatement activities that require a longer removal time or are subject to rapid evaporation of amended water. The removal encapsulant shall be capable of wetting the ACM and retarding fiber release during disturbance of the ACM greater than or equal to that provided by amended water. Performance requirements for penetrating encapsulants are specified in paragraph ENCAPSULANTS.

1.24.13 Strippable Coating

Strippable coating in aerosol cans shall be used to adhere to surfaces and to be removed cleanly by stripping, at the completion of work. This work shall only be done in well ventilated areas.

1.25 MISCELLANEOUS ITEMS

A sufficient quantity of other items, such as, but not limited to: scrapers, brushes, brooms, staple guns, tarpaulins, shovels, rubber squeegees, dust pans, other tools, scaffolding, staging, enclosed chutes, wooden ladders, lumber necessary for the construction of containments, UL approved temporary electrical equipment, material and cords, ground fault circuit interrupters, water hoses of sufficient length, fire extinguishers, first aid kits, portable toilets, logbooks, log forms, markers with indelible ink, spray paint in bright color to mark areas, project boundary fencing, etc., shall be provided.

PART 2 PRODUCTS

2.1 ENCAPSULANTS

Encapsulants shall conform to USEPA requirements, shall contain no toxic or hazardous substances and no solvent and shall meet the following requirements:

ALL ENCAPSULANTS

Requirement	Test Standard
Flame Spread - 25, Smoke Emission - 50	ASTM E 84
Combustion Toxicity Zero Mortality	Univ. of Pittsburgh Protocol
Life Expectancy, 20 yrs Accelerated Aging Test	ASTM C 732
Permeability, Minimum 0.4 perms	ASTM E 96

Additional Requirements for Bridging Encapsulant

Requirement	Test Standard
Cohesion/Adhesion Test, 50 pounds of force/foot	ASTM E 736
Fire Resistance, Negligible affect on fire resistance rating over 3 hour test (Classified by UL for use over fibrous and cementitious sprayed fireproofing)	ASTM E 119
Impact Resistance, Minimum 43 in-lb (Gardner Impact Test)	ASTM D 2794
Flexibility, no rupture or cracking (Mandrel Bend Test)	ASTM D 522

Additional Requirements for Penetrating Encapsulant

Requirement	Test Standard
Cohesion/Adhesion Test, 50 pounds of force/foot	ASTM E 736
Fire Resistance, Negligible affect on fire resistance rating over 3 hour test(Classified by UL for use over fibrous and cementitious sprayed fireproofing)	ASTM E 119
Impact Resistance, Minimum 43 in-lb (Gardner Impact Test)	ASTM D 2794
Flexibility, no rupture or cracking (Mandrel Bend Test)	ASTM D 522

Additional Requirements for Lockdown Encapsulant

Requirement	Test Standard
Fire Resistance, Negligible affect on fire resistance rating over 3 hour test(Tested with fireproofing over encapsulant applied directly to steel member)	ASTM E 119
Bond Strength, 100 pounds of force/foot (Tests compatibility with cementitious and fibrous fireproofing)	ASTM E 736

ALL ENCAPSULANTS

Requirement	Test Standard
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2.2 RECYCLABLE MATERIALS

The Contractor shall comply with EPA requirements in accordance with Section 01670 RECYCLED / RECOVERED MATERIALS.

PART 3 EXECUTION

3.1 GENERAL REQUIREMENTS

Asbestos abatement work tasks shall be performed as shown on the detailed plans as summarized in paragraph DESCRIPTION OF WORK and the Contractor's Accident Prevention Plan, Asbestos Hazard Abatement Plan, and the Activity Hazard Analyses. The Contractor shall use the engineering controls and work practices required in 29 CFR 1926, Section .1101(g) in all operations regardless of the levels of exposure. Personnel shall wear and utilize protective clothing and equipment as specified. The Contractor shall not permit eating, smoking, drinking, chewing or applying cosmetics in the regulated area. All hot work (burning, cutting, welding, etc.) shall be conducted under controlled conditions in conformance with 29 CFR 1926, Section .352, Fire Prevention. Personnel of other trades, not engaged in asbestos abatement activities, shall not be exposed at any time to airborne concentrations of asbestos unless all the administrative and personal protective provisions of the Contractor's Accident Prevention Plan are complied with. Power to the regulated area shall be locked-out and tagged in accordance with 29 CFR 1910, and temporary electrical service with ground fault circuit interrupters shall be provided as needed. Temporary electrical service shall be disconnected when necessary for wet removal. The Contractor shall stop abatement work in the regulated area immediately when the airborne total fiber concentration: (1) equals or exceeds 0.01 f/cc, or the pre-abatement concentration, whichever is greater, outside the regulated area; or (2) equals or exceeds 1.0 f/cc inside the regulated area. The Contractor shall correct the condition to the satisfaction of the Contracting Officer, including visual inspection and air sampling. Work shall resume only upon notification by the Contracting Officer. Corrective actions shall be documented.

3.2 PROTECTION OF ADJACENT WORK OR AREAS TO REMAIN

Asbestos abatement shall be performed without damage to or contamination of adjacent work or area. Where such work or area is damaged or contaminated, as verified by the Contracting Officer using visual inspection or sample analysis, it shall be restored to its original condition or decontaminated by the Contractor at no expense to the Government, as deemed appropriate by the Contracting Officer. This includes inadvertent spill of dirt, dust or debris in which it is reasonable to conclude that asbestos may exist. When these spills occur, work shall stop in all effected areas immediately and the spill shall be cleaned. When satisfactory visual inspection and air sampling analysis results are obtained and have been evaluated by the Contractor's Designated IH and the Contracting Officer, work shall proceed.

3.3 OBJECTS

3.3.1 Removal of Mobile Objects

Mobile objects, furniture and equipment will be removed from the area of work by the Government before asbestos abatement work begins. DETAIL SHEET 27, contains a summary of Contractor's required handling, cleaning and storage and reinstallation of mobile objects, furniture and equipment located in each abatement area. Mobile objects and furnishings identified in DETAIL SHEET 27 are not considered contaminated with asbestos fibers. Mobile objects and furnishings shall be precleaned using HEPA filtered vacuum followed by wet wiping. These objects shall be removed to an area or site designated on DETAIL SHEET 27 and as identified by the Contracting Officer, and stored; or other appropriate action taken as identified on DETAIL SHEET 27. Carpets, draperies, and other items which may not be suitable for onsite wet cleaning methods shall be properly laundered in accordance with 29 CFR 1926, Section .1101.

3.3.2 Stationary Objects

Stationary objects, furniture and equipment as shown on DETAIL SHEET 27, shall remain in place and shall be precleaned using HEPA vacuum followed by adequate wet wiping. Stationary objects and furnishings shall be covered with 2 layers of polyethylene and edges sealed with duct tape.

3.3.3 Reinstallation of Mobile Objects

At the conclusion of the asbestos abatement work in each regulated area, and after meeting the final clearance requirements for each regulated area, objects previously removed shall be transferred back to the cleaned area from which they came in accordance with the storage code designation for that material as shown on DETAIL SHEET 27, and reinstalled.

3.4 BUILDING VENTILATION SYSTEM AND CRITICAL BARRIERS

Building ventilating systems supplying air into or returning air out of a regulated area shall be isolated by airtight seals to prevent the spread of contamination throughout the system. Air-tight critical barriers shall be installed on building ventilating openings located inside the regulated area that supply or return air from the building ventilation system or serve to exhaust air from the building. The critical barriers shall consist of 2 layers of polyethylene. Edges to wall, ceiling and floor surfaces shall be sealed with industrial grade duct tape. Critical barriers shall be installed as shown on drawings .

3.5 METHODS OF COMPLIANCE

3.5.1 Mandated Practices

The Contractor shall employ proper handling procedures in accordance with 29 CFR 1926 and 40 CFR 61, Subpart M, and the specified requirements. The specific abatement techniques and items identified shall be detailed in the Contractor's Asbestos Hazard Abatement Plan including, but not limited to, details of construction materials, equipment, and handling procedures. The Contractor shall use the following engineering controls and work practices in all operations, regardless of the levels of exposure:

- a. Vacuum cleaners equipped with HEPA filters to collect debris and dust containing ACM.

- b. Wet methods or wetting agents to control employee exposures during asbestos handling, mixing, removal, cutting, application, and cleanup; except where it can be demonstrated that the use of wet methods is unfeasible due to, for example, the creation of electrical hazards, equipment malfunction, and in roofing.
- c. Prompt clean-up and disposal in leak-tight containers of wastes and debris contaminated with asbestos.
- d. Inspection and repair of polyethylene in work and high traffic areas.
- e. Cleaning of equipment and surfaces of containers filled with ACM prior to removing them from the equipment room or area.

3.5.2 Control Methods

The Contractor shall use the following control methods to comply with the PELs:

- a. Local exhaust ventilation equipped with HEPA filter dust collection systems;
- b. Enclosure or isolation of processes producing asbestos dust;
- c. Ventilation of the regulated area to move contaminated air away from the breathing zone of employees and toward a filtration or collection device equipped with a HEPA filter;
- d. Use of other work practices and engineering controls;
- e. Where the feasible engineering and work practice controls described above are not sufficient to reduce employee exposure to or below the PELs, the Contractor shall use them to reduce employee exposure to the lowest levels attainable by these controls and shall supplement them by the use of respiratory protection that complies with paragraph, RESPIRATORY PROTECTION PROGRAM.

3.5.3 Unacceptable Practices

The following work practices and engineering controls shall not be used for work related to asbestos or for work which disturbs ACM, regardless of measured levels of asbestos exposure or the results of initial exposure assessments:

- a. High-speed abrasive disc saws that are not equipped with point of cut ventilator or enclosures with HEPA filtered exhaust air.
- b. Compressed air used to remove asbestos, or materials containing asbestos, unless the compressed air is used in conjunction with an enclosed ventilation system designed to capture the dust cloud created by the compressed air.
- c. Dry sweeping, shoveling, or other dry clean-up of dust and debris containing ACM.
- d. Employee rotation as a means of reducing employee exposure to

asbestos.

3.5.4 Class I Work Procedures

In addition to requirements of paragraphs Mandated Practices and Control Methods, the following engineering controls and work practices shall be used:

- a. A Competent Person shall supervise the installation and operation of the control system.
- b. For jobs involving the removal of more than 25 feet or 10 square feet of TSI or surfacing material, the Contractor shall place critical barriers over all openings to the regulated area.
- c. HVAC systems shall be isolated in the regulated area by sealing with a double layer of plastic or air-tight rigid covers.
- d. Impermeable dropcloths (6 mil or greater thickness) shall be placed on surfaces beneath all removal activity.
- e. Objects within the regulated area shall be handled as specified in paragraph OBJECTS.
- f. Where a negative exposure assessment has not been provided or where exposure monitoring shows the PEL was exceeded, the regulated area shall be ventilated to move contaminated air away from the employee's breathing zone toward a HEPA unit or collection device.

3.5.5 Specific Control Methods for Class I Work

In addition to requirements of paragraph Class I Work Procedures, Class I asbestos work shall be performed using the control methods identified in the subparagraphs below.

3.5.5.1 Negative Pressure Enclosure (NPE) System

The NPE system shall provide at least 4 air changes per hour inside the containment. The local exhaust unit equipment shall be operated 24 hours per day until the containment is removed, and shall be leak-proof to the filter and equipped with HEPA filters. Air movement shall be directed away from the employees and toward a HEPA filtration device. The NPE shall be smoke tested for leaks at the beginning of each shift. Local exhaust equipment shall be sufficient to maintain a minimum pressure differential of minus 0.02 inch of water column relative to adjacent, unsealed areas. Pressure differential shall be monitored continuously, 24 hours per day, with an automatic manometric recording instrument. Pressure differential recordings shall be provided daily on the same day collected. Readings shall be reviewed by the Contractor's Designated Competent Person and IH prior to submittal. The Contracting Officer shall be notified immediately if the pressure differential falls below the prescribed minimum. The building ventilation system shall not be used as the local exhaust system for the regulated area. The local exhaust system shall terminate outdoors unless an alternate arrangement is allowed by the Contract Officer. All filters used shall be new at the beginning of the project and shall be periodically changed as necessary and disposed of as ACM waste.

3.5.5.2 Glovebag Systems

The glovebag system shall be used to remove ACM from straight runs of piping and elbows and other connections. Glovebags shall be used without modification and shall be smoke-tested for leaks and any leaks sealed prior to use. Glovebags shall be installed to completely cover the circumference of pipe or other structures where the work is to be done. Glovebags shall be used only once and shall not be moved. Glovebags shall not be used on surfaces that have temperatures exceeding 150 degrees F. Prior to disposal, glovebags shall be collapsed by removing air within them using a HEPA vacuum. Before beginning the operation, loose and friable material adjacent to the glovebag operation shall be wrapped and sealed in 2 layers of plastic or otherwise rendered intact. At least 2 persons shall perform Class I glovebag removal. Asbestos regulated work areas shall be established as specified and shown on detailed drawings and plans for glovebag abatement. Designated boundary limits for the asbestos work shall be established with rope or other continuous barriers and all other requirements for asbestos control areas shall be maintained, including area signage and boundary warning tape .

- a. In addition to requirements for negative pressure glovebag systems above, the Contractor shall attach HEPA vacuum systems or other devices to the bag to prevent collapse during removal of ACM from straight runs of piping and elbows and other connections.
- b. The negative pressure glove boxes used to remove ACM from pipe runs shall be fitted with gloved apertures and a bagging outlet and constructed with rigid sides from metal or other material which can withstand the weight of the ACM and water used during removal. A negative pressure shall be created in the system using a HEPA filtration system. The box shall be smoke tested for leaks prior to each use.

3.5.5.3 Mini-Enclosures

Single bulkhead containment to accommodate no more than 2 persons, may be used if the disturbance or removal can be completely contained by the enclosure with the following specifications and work practices. The mini-enclosure shall be inspected for leaks and smoke tested before each use. Air movement shall be directed away from the employee's breathing zone within the mini-enclosure.

3.5.5.4 Wrap and Cut Operation

Prior to cutting pipe, the asbestos-containing insulation shall be wrapped with polyethylene and securely sealed with duct tape to prevent asbestos becoming airborne as a result of the cutting process. The following steps shall be taken: install glovebag, strip back sections to be cut 6 inches from point of cut, and cut pipe into manageable sections.

3.5.6 Class II Work

In addition to the requirements of paragraphs Mandated Practices and Control Methods, the following engineering controls and work practices shall be used:

- a. A Competent Person shall supervise the work.
- b. For indoor work, critical barriers shall be placed over all

openings to the regulated area.

- c. Impermeable dropcloths shall be placed on surfaces beneath all removal activity.

3.5.7 Specific Control Methods for Class II Work

In addition to requirements of paragraph Class II Work, Class II work shall be performed using the following methods:

3.5.7.1 Vinyl and Asphalt Flooring Materials

When removing vinyl and asphalt flooring materials which contain ACM from a building in which ACM has not been verified, the Contractor shall use the following practices . Resilient sheeting shall be removed by adequately wet methods. Tiles shall be removed intact (if possible); wetting is not required when tiles are heated and removed intact. Flooring or its backing shall not be sanded. Scraping of residual adhesive and/or backing shall be performed using wet methods. Mechanical chipping is prohibited unless performed in a negative pressure enclosure. Dry sweeping is prohibited. The Contractor shall use vacuums equipped with HEPA filter, disposable dust bag, and metal floor tool (no brush) to clean floors.

3.5.7.2 Roofing Material

When removing roofing materials which contain ACM as described in 29 CFR 1926, Section .1101(g)(8)(ii), the Contractor shall use the following practices . Roofing material shall be removed in an intact state. Wet methods shall be used to remove roofing materials that are not intact, or that will be rendered not intact during removal, unless such wet methods are not feasible or will create safety hazards. When removing built-up roofs, with asbestos-containing roofing felts and an aggregate surface, using a power roof cutter, all dust resulting from the cutting operations shall be collected by a HEPA dust collector, or shall be HEPA vacuumed by vacuuming along the cut line. Asbestos-containing roofing material shall not be dropped or thrown to the ground, but shall be lowered to the ground via covered, dust-tight chute, crane, hoist or other method approved by the Contracting Officer. Any ACM that is not intact shall be lowered to the ground as soon as practicable, but not later than the end of the work shift. While the material remains on the roof it shall be kept wet or placed in an impermeable waste bag or wrapped in plastic sheeting. Intact ACM shall be lowered to the ground as soon as practicable, but not later than the end of the work shift. Unwrapped material shall be transferred to a closed receptacle precluding the dispersion of dust. Critical barriers shall be placed over roof level heating and ventilation air intakes.

3.5.7.3 Cementitious Siding and Shingles or Transite Panels

When removing cementitious asbestos-containing siding, shingles or transite panels the Contractor shall use the following practices . Intentionally cutting, abrading or breaking siding, shingles, or transite panels is prohibited. Each panel or shingle shall be sprayed with amended water prior to removal. Nails shall be cut with flat, sharp instruments. Unwrapped or unbagged panels or shingles shall be immediately lowered to the ground via covered dust-tight chute, crane or hoist, or placed in an impervious waste bag or wrapped in plastic sheeting and lowered to the ground no later than the end of the work shift.

3.5.7.4 Gaskets

Gaskets shall be thoroughly wetted with amended water prior to removal and immediately placed in a disposal container. If a gasket is visibly deteriorated and unlikely to be removed intact, removal shall be undertaken within a glovebag. Any scraping to remove residue shall be performed wet.

3.5.7.5 Other Class II Jobs

The Contractor shall use the following work practices when performing Class II removal of ACM: The material shall be thoroughly wetted with amended water prior and during its removal. The material shall be removed in an intact state. Cutting, abrading or breaking the material is prohibited. The ACM removed shall be immediately bagged or wrapped.

3.5.8 Specific Control Methods for Class III Work

Class III asbestos work shall be conducted using engineering and work practice controls which minimize the exposure to employees performing the asbestos work and to bystander employees. The work shall be performed using wet methods and, to the extent feasible, using local exhaust ventilation. The Contractor shall use impermeable dropcloths and shall isolate the operation, using mini-enclosures or glovebag systems, where the disturbance involves drilling, cutting, abrading, sanding, chipping, breaking, or sawing of TSI or surfacing material.

3.5.9 Specific Control Methods for Class IV Work

Class IV jobs shall be conducted using wet methods, HEPA vacuums, and prompt clean-up of debris containing ACM. Employees cleaning up debris and waste in a regulated area where respirators are required shall wear the selected respirators.

3.5.10 Alternative Methods for Roofing Materials and Asphaltic Wrap

The Contractor shall use the following engineering controls and work practices when removing, repairing, or maintaining intact pipeline asphaltic wrap, or roof cements, mastics, coatings, or flashings which contain asbestos fibers encapsulated or coated by bituminous or resinous compounds. If during the course of the job the material does not remain intact, the Contractor shall use the procedures described in paragraph Roofing Material. Before work begins, and as needed during the job, the Designated Competent Person shall conduct an inspection and determine that the roofing material is intact and will likely remain intact. The material shall not be sanded, abraded, or ground. Manual methods which would render the material non-intact shall not be used. Roofing material shall not be dropped or thrown to the ground but shall be lowered via covered, dust-tight chute, crane, hoist or other method approved by the Contracting Officer. All such material shall be removed from the roof as soon as practicable, but not later than the end of the work shift. Removal or disturbance of pipeline asphaltic wrap shall be performed using wet methods.

3.5.11 Cleaning After Asbestos Removal

After completion of all asbestos removal work, surfaces from which ACM has been removed shall be wet wiped or sponged clean, or cleaned by some equivalent method to remove all visible residue. Run-off water shall be collected and filtered through a dual filtration system. A first filter shall be provided to remove fibers 20 micrometers and larger, and a final

filter provided that removes fibers 5 micrometers and larger. After the gross amounts of asbestos have been removed from every surface, remaining visible accumulations of asbestos on floors shall be collected using plastic shovels, rubber squeegees, rubber dustpans, and HEPA vacuum cleaners as appropriate to maintain the integrity of the regulated area. When TSI and surfacing material has been removed, workmen shall use HEPA vacuum cleaners to vacuum every surface. Surfaces or locations which could harbor accumulations or residual asbestos dust shall be checked after vacuuming to verify that no asbestos-containing material remains; and shall be re-vacuumed as necessary to remove the ACM.

3.5.12 Abatement of Asbestos Contaminated Soil

Asbestos contaminated soil shall be removed from areas to a minimum depth of 2 inches. Soil shall be thoroughly dampened with amended water and then removed by manual shoveling into labeled containers. The workers shall be closely monitored for heat exhaustion. The Contractor has the option to propose encapsulation of soil instead of removal. Since soil encapsulation is highly dependent on soil chemistry, available skills for application and proprietary products, the Contractor shall first test the proposed soil encapsulant on a minimum 100 square feet of soil area onsite. The test shall be witnessed by the Contracting Officer's and the manufacturer's representative. A written application for encapsulation shall be submitted to the Contracting Officer with test results, encapsulant manufacturer's positive recommendation for use, a guarantee for satisfactory performance for 10 years, and limitation of application. The Contracting Officer reserves the right to accept or reject the application with no effect to the contract. If the application is accepted, the soil encapsulation shall proceed in compliance with all provisions and instructions of the encapsulant manufacturer and under the supervision of a person certified by the manufacturer who is trained and experienced in the proper application of the soil encapsulant. A concrete slab of minimum 2 inch thickness shall be poured over the entire soil surface. Soil surface shall be thoroughly dampened before pouring concrete. Soil encapsulators and supervisors shall be primarily concrete workers trained to work in asbestos contaminated environments.

3.5.13 Encapsulation of ACM

Prior to applying any encapsulant, the entire surface area shall be inspected for loose, or damaged asbestos material:

- a. Penetrating Encapsulation: Before penetrating encapsulation is applied, asbestos removal work in the area shall be complete and the surfaces to be encapsulated shall be free of loose or damaged material. Substrate shall be evaluated before application to ensure that the encapsulant will not cause the substrate to fail in any way. Acoustical wall and ceiling plaster surfaces shall be encapsulated in accordance with manufacturer's recommendations. Plug samples shall be taken to determine if full penetration has been achieved. If full penetration has not been achieved, surfaces shall be recoated while the matrix is still wet, until full penetration is achieved:
- b. Bridging Encapsulation: Prior to applying the bridging encapsulant, the pre-encapsulation inspection shall be performed. The surface shall be encapsulated in sections of 1000 square feet or less as recommended by the encapsulant manufacturer. Upon

completion of each section, the dry thickness of the bridging encapsulation shall be measured. Additional bridging encapsulant shall be applied to obtain the desired encapsulant thickness. Additional coats shall blend with the original bridging encapsulant.

3.5.14 Combination Encapsulation of Acoustical Wall and Ceiling Plaster

The combination penetrating/bridging encapsulation system shall be installed by first applying the penetrating encapsulant and then the bridging encapsulant:

3.5.15 Sealing Contaminated Items Designated for Disposal

Contaminated architectural, mechanical, and electrical appurtenances such as Venetian blinds, full height partitions, carpeting, duct work, pipes and fittings, radiators, light fixtures, conduit panels, and other contaminated items designated for removal shall be coated with an asbestos lockdown encapsulant at the demolition site before being removed from the asbestos control area. The asbestos lockdown encapsulant shall be tinted a contrasting color and shall be spray applied by airless method. Thoroughness of sealing operation shall be visually gauged by the extent of colored coating on exposed surfaces.

3.6 FINAL CLEANING AND VISUAL INSPECTION

Upon completion of abatement, the regulated area shall be cleaned by collecting, packing, and storing all gross contamination. A final cleaning shall be performed using HEPA vacuum and wet cleaning of all exposed surfaces and objects in the regulated area. Upon completion of the cleaning, the Contractor shall conduct a visual pre-inspection of the cleaned area in preparation for a final inspection before final air clearance monitoring and recleaning, as necessary. Upon completion of the final cleaning, the Contractor and the Contracting Officer shall conduct a final visual inspection of the cleaned regulated area in accordance with ASTM E 1368 and document the results. If the Contracting Officer rejects the clean regulated area as not meeting final cleaning requirements, the Contractor shall reclean as necessary and have a follow-on inspection conducted with the Contracting Officer. Recleaning and follow-up reinspection shall be at the Contractor's expense.

3.7 LOCKDOWN

Prior to removal of plastic barriers and after clean-up of gross contamination and final visual inspection, a post removal (lockdown) encapsulant shall be spray applied to ceiling, walls, floors, and other surfaces in the regulated area.

3.8 EXPOSURE ASSESSMENT AND AIR MONITORING

3.8.1 General Requirements For Exposure

Exposure assessment, air monitoring and analysis of airborne concentration of asbestos fibers shall be performed in accordance with 29 CFR 1926, Section .1101, the Contractor's air monitoring plan, and as specified. Personal exposure air monitoring (collected at the breathing zone) that is representative of the exposure of each employee who is assigned to work within a regulated area shall be performed by the Contractor's Designated IH.

Breathing zone samples shall be taken for at least 25 percent of the workers in each shift, or a minimum of 2, whichever is greater. Air monitoring results at the 95 percent confidence level shall be calculated as shown in Table 2 at the end of this section. Preabatement and abatement environmental air monitoring shall be performed by the Contractor's Designated IH. Final clearance environmental air monitoring, shall be performed by the Contractor's Designated IH. Environmental and final clearance air monitoring shall be performed using NIOSH 84-100 Method 7400 (PCM) with optional confirmation of results by NIOSH 84-100 Method 7402 (TEM). For environmental and final clearance, air monitoring shall be conducted at a sufficient velocity and duration to establish the limit of detection of the method used at 0.005 f/cc. Confirmation of asbestos fiber concentrations (asbestos f/cc) from environmental and final clearance samples collected and analyzed by NIOSH 84-100 Method 7400 (total f/cc) may be conducted using TEM in accordance with NIOSH 84-100 Method 7402. When such confirmation is conducted, it shall be from the same sample filter used for the NIOSH 84-100 Method 7400 PCM analysis. For all Contractor required environmental or final clearance air monitoring, confirmation of asbestos fiber concentrations, using NIOSH 84-100 Method 7402, shall be at the Contractor's expense. Monitoring may be duplicated by the Government at the discretion of the Contracting Officer. Results of breathing zone samples shall be posted at the job site and made available to the Contracting Officer. The Contractor shall maintain a fiber concentration inside a regulated area less than or equal to 0.1 f/cc expressed as an 8 hour, time-weighted average (TWA) during the conduct of the asbestos abatement. If fiber concentration rises above 0.1 f/cc, work procedures shall be investigated with the Contracting Officer to determine the cause. At the discretion of the Contracting Officer, fiber concentration may exceed 0.1 f/cc but shall not exceed 1.0 f/cc expressed as an 8-hour TWA. The Contractor's workers shall not be exposed to an airborne fiber concentration in excess of 1.0 f/cc, as averaged over a sampling period of 30 minutes. Should either an environmental concentration of 1.0 f/cc expressed as an 8-hour TWA or a personal excursion concentration of 1.0 f/cc expressed as a 30-minute sample occur inside a regulated work area, the Contractor shall stop work immediately, notify the Contracting Officer, and implement additional engineering controls and work practice controls to reduce airborne fiber levels below prescribed limits in the work area. Work shall not restart until authorized by the Contracting Officer.

3.8.2 Initial Exposure Assessment

The Contractor's Designated IH shall conduct an exposure assessment immediately before or at the initiation of an asbestos abatement operation to ascertain expected exposures during that operation. The assessment shall be completed in time to comply with the requirements which are triggered by exposure data or the lack of a negative exposure assessment, and to provide information necessary to assure that all control systems planned are appropriate for that operation. The assessment shall take into consideration both the monitoring results and all observations, information or calculations which indicate employee exposure to asbestos, including any previous monitoring conducted in the workplace, or of the operations of the Contractor which indicate the levels of airborne asbestos likely to be encountered on the job. For Class I asbestos work, until the employer conducts exposure monitoring and documents that employees on that job will not be exposed in excess of PELs, or otherwise makes a negative exposure assessment, the Contractor shall presume that employees are exposed in excess of the PEL-TWA and PEL-Excursion Limit.

3.8.3 Negative Exposure Assessment

The Contractor shall provide a negative exposure assessment for the specific asbestos job which will be performed. The negative exposure assessment shall be provided within two days of the initiation of the project and conform to the following criteria:

- a. Objective Data: Objective data demonstrating that the product or material containing asbestos minerals or the activity involving such product or material cannot release airborne fibers in concentrations exceeding the PEL-TWA and PEL-Excursion Limit under those work conditions having the greatest potential for releasing asbestos.
- b. Prior Asbestos Jobs: Where the Contractor has monitored prior asbestos jobs for the PEL and the PEL-Excursion Limit within 12 months of the current job, the monitoring and analysis were performed in compliance with asbestos standard in effect; the data were obtained during work operations conducted under workplace conditions closely resembling the processes, type of material, control methods, work practices, and environmental conditions used and prevailing in the Contractor's current operations; the operations were conducted by employees whose training and experience are no more extensive than that of employees performing the current job; and these data show that under the conditions prevailing and which will prevail in the current workplace, there is a high degree of certainty that the monitoring covered exposure from employee exposures will not exceed the PEL-TWA and PEL-Excursion Limit.
- c. Initial Exposure Monitoring: The results of initial exposure monitoring of the current job, made from breathing zone air samples that are representative of the 8-hour PEL-TWA and 30-minute short-term exposures of each employee. The monitoring covered exposure from operations which are most likely during the performance of the entire asbestos job to result in exposures over the PELs.

3.8.4 Independent Environmental Monitoring

The Government has retained an independent air monitoring firm to perform final clearance air monitoring. The air monitoring contractor has been provided a copy of the contract that includes this abatement work. The abatement contractor will provide the air monitoring contractor with an up-to-date copy of the accepted Asbestos Hazard Abatement Plan, Accident Prevention Plan and pertinent detailed drawings. The air monitoring contractor is required to comply with the abatement contractor's safety and health requirements. The abatement contractor will coordinate all onsite activities with the air monitoring contractor, the COR, and other affected parties as directed by the COR. The abatement contractor will provide the air monitoring contractor with an up-to-date schedule of abatement contractor work activities. The air monitoring contractor will coordinate with the abatement contractor and the COR during the performance Government required air monitoring. The abatement contractor is responsible for performing exposure assessment and personal air monitoring of abatement contractor's work. The air monitoring contractor is responsible for performing these tasks for its employee.

3.8.5 Preabatement Environmental Air Monitoring

Preabatement environmental air monitoring shall be established 1 day prior to the masking and sealing operations for each regulated area to determine background concentrations before abatement work begins. As a minimum, preabatement air samples shall be collected using NIOSH 84-100 Method 7400, PCM at these locations: outside the building; inside the building, but outside the regulated area perimeter; and inside each regulated work area. One sample shall be collected for every 2000 square feet of floor space. At least 2 samples shall be collected outside the building: at the exhaust of the HEPA unit; and downwind from the abatement site. The PCM samples shall be analyzed within 24 hours; and if any result in fiber concentration greater than 0.01 f/cc, asbestos fiber concentration shall be confirmed using NIOSH 84-100 Method 7402 (TEM).

3.8.6 Environmental Air Monitoring During Abatement

Until an exposure assessment is provided to the Contracting Officer, environmental air monitoring shall be conducted at locations and frequencies that will accurately characterize any evolving airborne asbestos fiber concentrations. The assessment shall demonstrate that the product or material containing asbestos minerals, or the abatement involving such product or material, cannot release airborne asbestos fibers in concentrations exceeding 0.01 f/cc as a TWA under those work conditions having the greatest potential for releasing asbestos. The monitoring shall be at least once per shift at locations including, but not limited to, close to the work inside a regulated area; preabatement sampling locations; outside entrances to a regulated area; close to glovebag operations; representative locations outside of the perimeter of a regulated area; inside clean room; and at the exhaust discharge point of local exhaust system ducted to the outside of a containment (if used). If the sampling outside regulated area shows airborne fiber levels have exceeded background or 0.01 f/cc, whichever is greater, work shall be stopped immediately, and the Contracting Officer notified. The condition causing the increase shall be corrected. Work shall not restart until authorized by the Contracting Officer.

3.8.7 Final Clearance Air Monitoring

Prior to conducting final clearance air monitoring, the Contractor and the Contracting Officer shall conduct a final visual inspection of the regulated area where asbestos abatement has been completed. Final clearance air monitoring shall not begin until acceptance of the Contractor's final cleaning by the Contracting Officer. The Contracting Officer's IH will conduct final clearance air monitoring using aggressive air sampling techniques as defined in EPA 560/5-85-024 or as otherwise required by federal or state requirements. The sampling and analytical method used will be NIOSH 84-100 Method 7400 (PCM) and Table 3 with confirmation of results by NIOSH 84-100 Method 7402 (TEM).

3.8.7.1 Final Clearance Requirements, NIOSH PCM Method

For PCM sampling and analysis using NIOSH 84-100 Method 7400, the fiber concentration inside the abated regulated area, for each airborne sample, shall be less than 0.01 f/cc. The abatement inside the regulated area is considered complete when every PCM final clearance sample is below the clearance limit. If any sample result is greater than 0.01 total f/cc, the asbestos fiber concentration (asbestos f/cc) shall be confirmed from that same filter using NIOSH 84-100 Method 7402 (TEM) at Contractor's expense.

If any confirmation sample result is greater than 0.01 asbestos f/cc, abatement is incomplete and cleaning shall be repeated. Upon completion of any required recleaning, resampling with results to meet the above clearance criteria shall be done.

3.8.7.2 Final Clearance Requirements, EPA TEM Method

For EPA TEM sampling and analysis, using the EPA Method specified in 40 CFR 763, abatement inside the regulated area is considered complete when the arithmetic mean asbestos concentration of the 5 inside samples is less than or equal to 70 structures per square millimeter (70 S/mm). When the arithmetic mean is greater than 70 S/mm, the 3 blank samples shall be analyzed. If the 3 blank samples are greater than 70 S/mm, resampling shall be done. If less than 70 S/mm, the 5 outside samples shall be analyzed and a Z-test analysis performed. When the Z-test results are less than 1.65, the decontamination shall be considered complete. If the Z-test results are more than 1.65, the abatement is incomplete and cleaning shall be repeated. Upon completion of any required recleaning, resampling with results to meet the above clearance criteria shall be done.

3.8.7.3 Air Clearance Failure

If clearance sampling results fail to meet the final clearance requirements, the Contractor shall pay all costs associated with the required recleaning, resampling, and analysis, until final clearance requirements are met.

3.8.8 Air-Monitoring Results and Documentation

Air sample fiber counting shall be completed and results provided within 24 hours (breathing zone samples), and 24 hours (environmental/clearance monitoring) after completion of a sampling period. The Contracting Officer shall be notified immediately of any airborne levels of asbestos fibers in excess of established requirements. Written sampling results shall be provided within 5 working days of the date of collection. The written results shall be signed by testing laboratory analyst, testing laboratory principal and the Contracting Officer's IH. The air sampling results shall be documented on a Contractor's daily air monitoring log. The daily air monitoring log shall contain the following information for each sample:

- a. Sampling and analytical method used;
- b. Date sample collected;
- c. Sample number;
- d. Sample type: BZ = Breathing Zone (Personal), P = Preabatement, E = Environmental, C = Abatement Clearance;
- e. Location/activity/name where sample collected;
- f. Sampling pump manufacturer, model and serial number, beginning flow rate, end flow rate, average flow rate (L/min);
- g. Calibration date, time, method, location, name of calibrator, signature;
- h. Sample period (start time, stop time, elapsed time (minutes));

- i. Total air volume sampled (liters);
- j. Sample results (f/cc and S/mm square) if EPA methods are required for final clearance;
- k. Laboratory name, location, analytical method, analyst, confidence level. In addition, the printed name and a signature and date block for the Industrial Hygienist who conducted the sampling and for the Industrial Hygienist who reviewed the daily air monitoring log verifying the accuracy of the information.

3.9 CLEARANCE CERTIFICATION

When asbestos abatement is complete, ACM waste is removed from the regulated areas, and final clean-up is completed, the Contracting Officer will certify the areas as safe before allowing the warning signs and boundary warning tape to be removed. After final clean-up and acceptable airborne concentrations are attained, but before the HEPA unit is turned off and the containment removed, the Contractor shall remove all pre-filters on the building HVAC system and provide new pre-filters. The Contractor shall dispose of such filters as asbestos contaminated materials. HVAC, mechanical, and electrical systems shall be re-established in proper working order. The Contractor and the Contracting Officer shall visually inspect all surfaces within the containment for residual material or accumulated debris. The Contractor shall reclean all areas showing dust or residual materials. The Contracting Officer will certify in writing that the area is safe before unrestricted entry is permitted. The Government will have the option to perform monitoring to certify the areas are safe before entry is permitted.

3.10 CLEANUP AND DISPOSAL

3.10.1 Title to ACM Materials

ACM material resulting from abatement work, except as specified otherwise, shall become the property of the Contractor and shall be disposed of as specified and in accordance with applicable federal, state and local regulations.

3.10.2 Collection and Disposal of Asbestos

All ACM waste shall be collected and including contaminated wastewater filters, scrap, debris, bags, containers, equipment, and asbestos contaminated clothing, shall be collected and placed in leak-tight containers such as double plastic bags sealed double wrapped polyethylene sheet ; sealed fiberboard boxes ; or other approved containers. Waste within the containers shall be wetted in case the container is breached. Asbestos-containing waste shall be disposed of at an EPA local approved asbestos landfill. For temporary storage, sealed impermeable containers shall be stored in an asbestos waste load-out unit or in a storage/transportation conveyance (i.e., dumpster, roll-off waste boxes, etc.) in a manner acceptable to and in an area assigned by the Contracting Officer. Procedure for hauling and disposal shall comply with 40 CFR 61, Subpart M, state, regional, and local standards.

3.10.3 Scale Weight Measurement

Scales used for measurement shall be public scales. Weighing shall be at a point nearest the work at which a public scale is available. Scales shall

be standard truck scales of the beam type; scales shall be equipped with the type registering beam and an "over and under" indicator; and shall be capable of accommodating the entire vehicle. Scales shall be tested, approved and sealed by an inspector of the District of Columbia. Scales shall be calibrated and resealed as often as necessary and at least once every three months to ensure continuous accuracy. Vehicles used for hauling ACM shall be weighed empty daily at such time as directed and each vehicle shall bear a plainly legible identification mark.

3.10.4 Weigh Bill and Delivery Tickets

Copies of weigh bills and delivery tickets shall be submitted to the Contracting Officer during the progress of the work. The Contractor shall furnish the Contracting Officer scale tickets for each load of ACM weighed and certified. These tickets shall include tare weight; identification mark for each vehicle weighed; and date, time and location of loading and unloading. Tickets shall be furnished at the point and time individual trucks arrive at the worksite. A master log of all vehicle loading shall be furnished for each day of loading operations. Before the final statement is allowed, the Contractor shall file with the Contracting Officer certified weigh bills and/or certified tickets and manifests of all ACM actually disposed by the Contractor for this contract.

3.10.5 Asbestos Waste Shipment Record

The Contractor shall complete and provide the Contracting Officer final completed copies of the Waste Shipment Record for all shipments of waste material as specified in 40 CFR 61, Subpart M and other required state waste manifest shipment records, within 3 days of delivery to the landfill.

Each Waste Shipment Record shall be signed and dated by the Contractor, the waste transporter and disposal facility operator.

TABLE 2

FORMULA FOR CALCULATION OF THE 95 PERCENT CONFIDENCE LEVEL
(Reference: NIOSH 7400)

$$\text{Fibers/cc(01.95 percent CL)} = X + [(X) * (1.645) * (CV)]$$

$$\text{Where: } X = ((E)(AC))/((V)(1000))$$

$$E = ((F/Nf) - (B/Nb))/Af$$

CV = The precision value; 0.45 shall be used unless the analytical laboratory provides the Contracting Officer with documentation (Round Robin Program participation and results) that the laboratory's precision is better.

AC = Effective collection area of the filter in square millimeters

V = Air volume sampled in liters

E = Fiber density on the filter in fibers per square millimeter

F/Nf = Total fiber count per graticule field

B/Nb = Mean field blank count per graticule field

Af = Graticule field area in square millimeters

$$\text{TWA} = C1/T1 + C2/T2 = Cn/Tn$$

Where: C = Concentration of contaminant

T = Time sampled.

TABLE 3
NIOSH METHOD 7400
PCM ENVIRONMENTAL AIR SAMPLING PROTOCOL (NON-PERSONAL)

Sample Location	Minimum No. of Samples	Filter Pore Size (Note 1)	Min. Vol. (Note 2) (Liters)	Sampling Rate (liters/min.)
Inside Abatement Area	0.5/140 Square Meters (Notes 3 & 4)	0.45 microns	3850	2-16
Each Room in 1 Abatement Area Less than 140 Square meters		0.45 microns	3850	2-16
Field Blank	2	0.45 microns	0	0
Laboratory Blank	1	0.45 microns	0	0

Notes:

1. Type of filter is Mixed Cellulose Ester.
2. Ensure detection limit for PCM analysis is established at 0.005 fibers/cc.
3. One sample shall be added for each additional 140 square meters. (The corresponding I-P units are 5/1500 square feet).
4. A minimum of 5 samples are to be taken per abatement area, plus 2 field blanks.

TABLE 4

EPA AHERA METHOD: TEM AIR SAMPLING PROTOCOL

Location Sampled	Minimum No. of Samples	Filter Pore Size	Min. Vol. (Liters)	Sampling Rate (liters/min.)
Inside Abatement Area	5	0.45 microns	1500	2-16
Outside Abatement Area	5	0.45 microns	1500	2-16
Field Blank	2	0.45 microns	0	0
Laboratory Blank	1	0.45 microns	0	0

Notes:

1. Type of filter is Mixed Cellulose Ester.
2. The detection limit for TEM analysis is 70 structures/square mm.

CERTIFICATE OF WORKER'S ACKNOWLEDGMENT

PROJECT NAME _____ CONTRACT NO. _____
PROJECT ADDRESS _____
CONTRACTOR FIRM NAME _____
EMPLOYEE'S NAME _____, _____, _____,
(Print) (Last) (First) (MI)

Social Security Number: _____-_____-_____,

WORKING WITH ASBESTOS CAN BE DANGEROUS. INHALING ASBESTOS FIBERS HAS BEEN LINKED WITH TYPES OF LUNG DISEASE AND CANCER. IF YOU SMOKE AND INHALE ASBESTOS FIBERS, THE CHANCE THAT YOU WILL DEVELOP LUNG CANCER IS GREATER THAN THAT OF THE NONSMOKING PUBLIC.

Your employer's contract for the above project requires that you be provided and you complete formal asbestos training specific to the type of work you will perform and project specific training; that you be supplied with proper personal protective equipment including a respirator, that you be trained in its use; and that you receive a medical examination to evaluate your physical capacity to perform your assigned work tasks, under the environmental conditions expected, while wearing the required personal protective equipment. These things are to be done at no cost to you. By signing this certification, you are acknowledging that your employer has met these obligations to you. The Contractor's Designated Industrial Hygienist will check the block(s) for the type of formal training you have completed. Review the checked blocks prior to signing this certification.

FORMAL TRAINING:

_____ a. For Competent Persons and Supervisors: I have completed EPA's Model Accreditation Program (MAP) training course, "Contractor/Supervisor", that meets this State's requirements.

b. For Workers:

_____ (1) For OSHA Class I work: I have completed EPA's MAP training course, "Worker", that meets this State's requirements.

_____ (2) For OSHA Class II work (where there will be abatement of more than one type of Class II materials, i.e., roofing, siding, floor tile, etc.): I have completed EPA's MAP training course, "Worker", that meets this State's requirements.

_____ (3) For OSHA Class II work (there will only be abatement of one type of Class II material):

_____ (a) I have completed an 8-hour training class on the elements of 29 CFR 1926, Section .1101(k)(9)(viii), in addition to the specific work practices and engineering controls of 29 CFR 1926, Section .1101(g) and hands-on training.

_____ (b) I have completed EPA's MAP training course, "Worker", that meets this State's requirements.

_____ (4) For OSHA Class III work: I have completed at least a 16-hour course consistent with EPA requirements for training of local education agency maintenance and custodial staff at 40 CFR 763, Section .92(a)(2) and the elements of 29 CFR 1926, Section .1101(k)(9)(viii), in addition to the specific work practices and engineering controls at 29 CFR 1926, Section .1101, and hands-on training.

CERTIFICATE OF WORKER'S ACKNOWLEDGMENT

_____ (5) For OSHA Class IV work: I have completed at least a 2-hr course consistent with EPA requirements for training of local education agency maintenance and custodial staff at 40 CFR 763, (a)(1), and the elements of 29 CFR 1926, Section .1101(k)(9)(viii), in addition to the specific work practices and engineering controls at 29 CFR 1926, Section .1101(g) and hands-on training.

_____ c. Workers, Supervisors and the Designated Competent Person: I have completed annual refresher training as required by EPA's MAP that meets this State's requirements.

PROJECT SPECIFIC TRAINING:

_____ I have been provided and have completed the project specific training required by this Contract. My employer's Designated Industrial Hygienist and Designated Competent Person conducted the training.

RESPIRATORY PROTECTION:

_____ I have been trained in accordance with the criteria in the Contractor's Respiratory Protection program. I have been trained in the dangers of handling and breathing asbestos dust and in the proper work procedures and use and limitations of the respirator(s) I will wear. I have been trained in and will abide by the facial hair and contact lens use policy of my employer.

RESPIRATOR FIT-TEST TRAINING:

_____ I have been trained in the proper selection, fit, use, care, cleaning, maintenance, and storage of the respirator(s) that I will wear. I have been fit-tested in accordance with the criteria in the Contractor's Respiratory Program and have received a satisfactory fit. I have been assigned my individual respirator. I have been taught how to properly perform positive and negative pressure fit-check upon donning negative pressure respirators each time.

MEDICAL EXAMINATION:

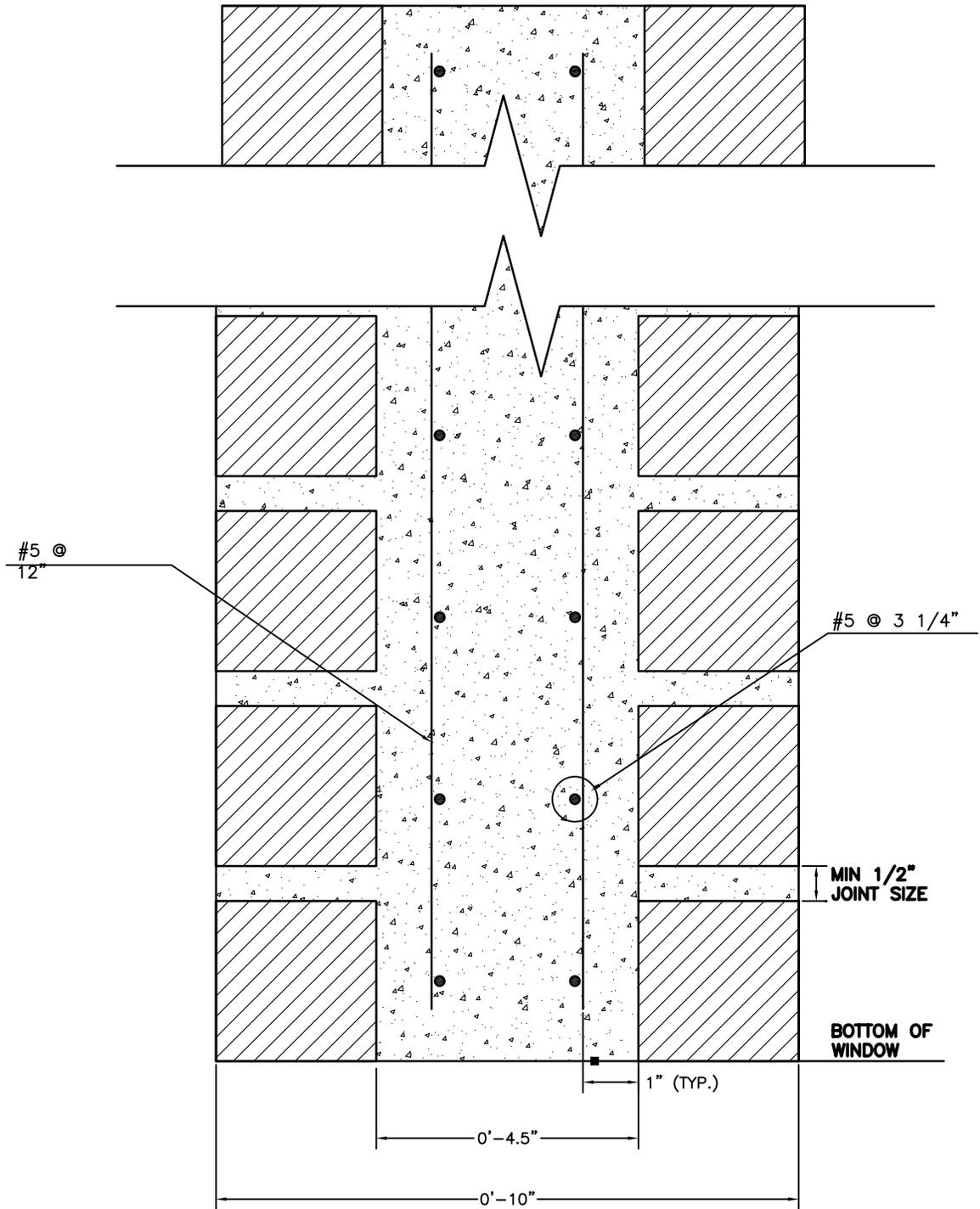
_____ I have had a medical examination within the last twelve months which was paid for by my employer. The examination included: health history, pulmonary function tests, and may have included an evaluation of a chest x-ray. A physician made a determination regarding my physical capacity to perform work tasks on the project while wearing personal protective equipment including a respirator. I was personally provided a copy and informed of the results of that examination. My employer's Industrial Hygienist evaluated the medical certification provided by the physician and checked the appropriate blank below. The physician determined that there:

_____ were no limitations to performing the required work tasks.
_____ were identified physical limitations to performing the required work tasks.

Date of the medical examination _____

Employee Signature _____ date _____
Contractor's Industrial Hygienist Signature _____ date _____

-- End of Section --



DETAIL @ EXIST. WINDOW INFILL

RENOVATIONS TO CONMY HALL
 BUILDING 241
 FORT MYER, VA
 AMENDMENT No. 4

DATE:	8-13-04
SCALE:	N.T.S.
REFERENCE DWG. NO.	S-007

DRAWING #
S-007-1